

***EVOLUTION***  
***Of the Mark II Button Hole***  
***Suffix***

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NHS



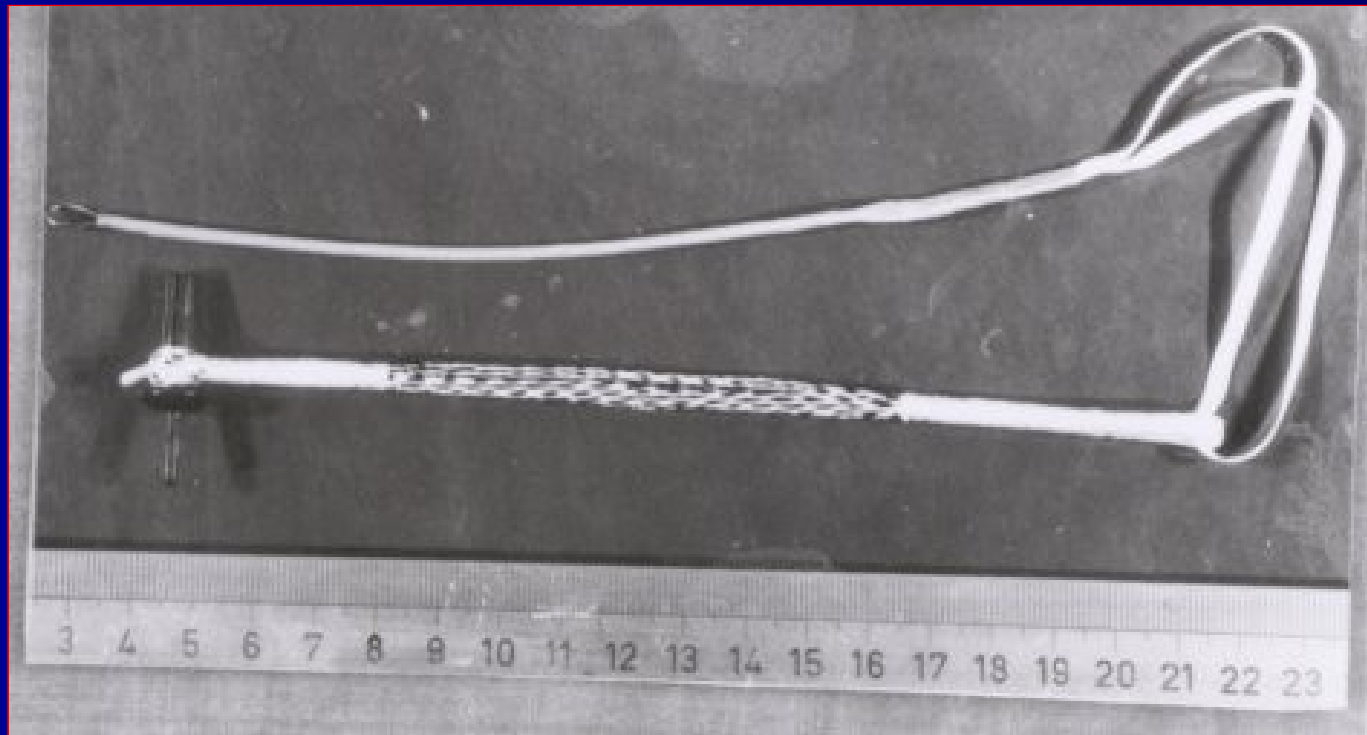
Croydon

mayday  
university  
hospital

530 London Road

# *Historical Background*

**The Surgicraft Active Biosynthetic Composite (ABC)  
Prosthetic Ligament was introduced in 1985**



# *Historical Background*

## PRINCIPLES of SURGERY

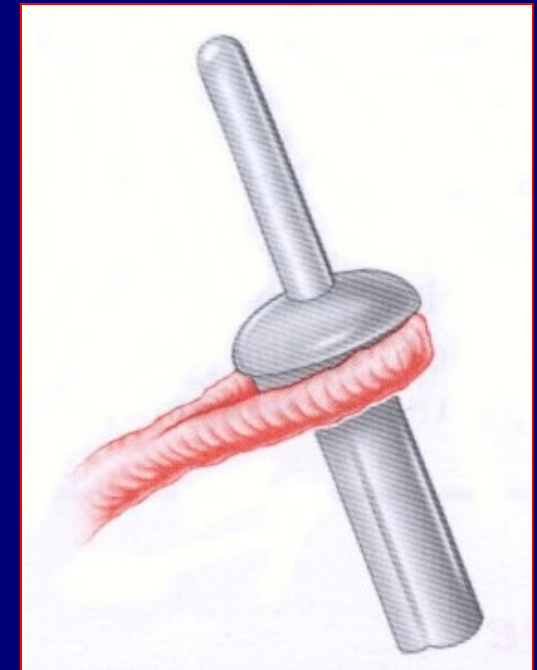
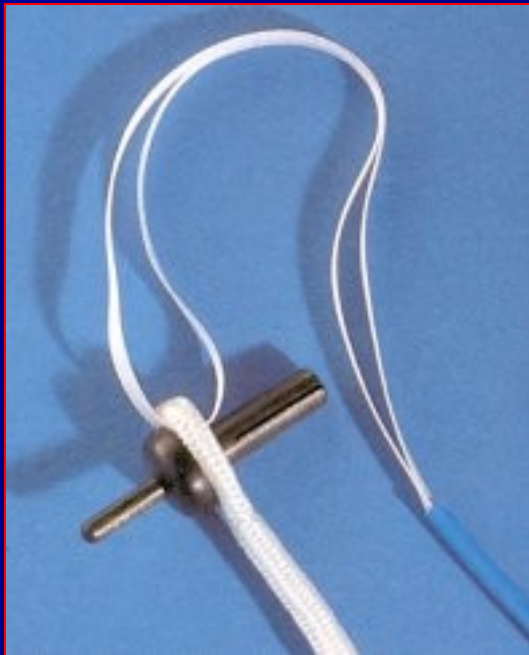
- The ABC is a scaffold-class prosthetic implant.
- It is routed via a tibial tunnel and fixed proximally over the top.
- It should lie retrosynovially in the knee joint.



# *Historical Background*

## **FIXATION**

Double polysulphone bollards placed through loops at either end of the implant are used for proximal and distal unicortical fixation.

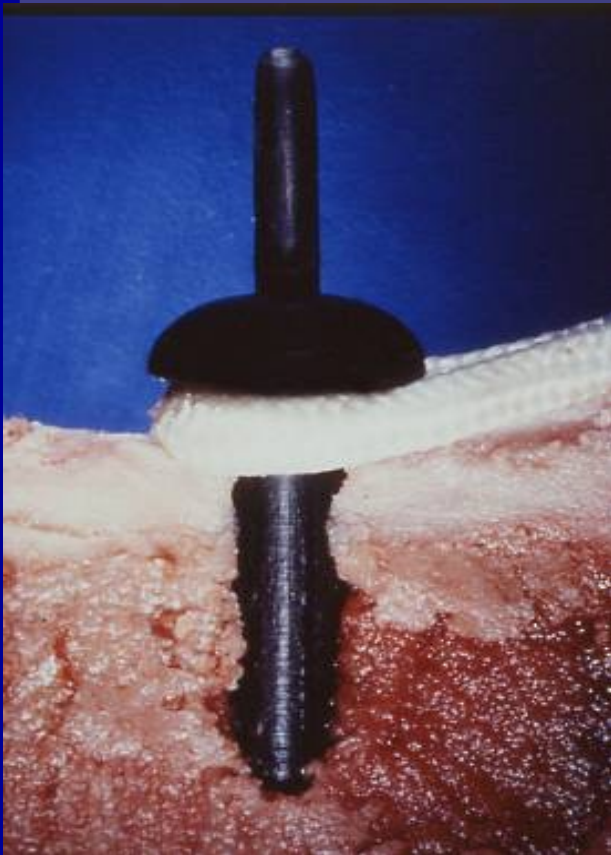


# Bollard Fixation



# Bollard Fixation

Bollard in Bone Tunnel



Expanded Bollard in Tunnel



*Historical*

*Background*

High Incidence of Early Ligament Failure

(50% in the first 2 years)

*Due To:*

- ✓ Rupture
- ✓ Stretching



This led to a Mode of Failure Analysis at UMIST,  
Manchester University, Textiles Department, UK



# *Historical Background*

## Results of Mode of Failure Analysis at UMIST Textiles Dept.

### Methodology:

- Light microscopy
- SEM examination of retrieved broken ligaments

# *Historical Background*

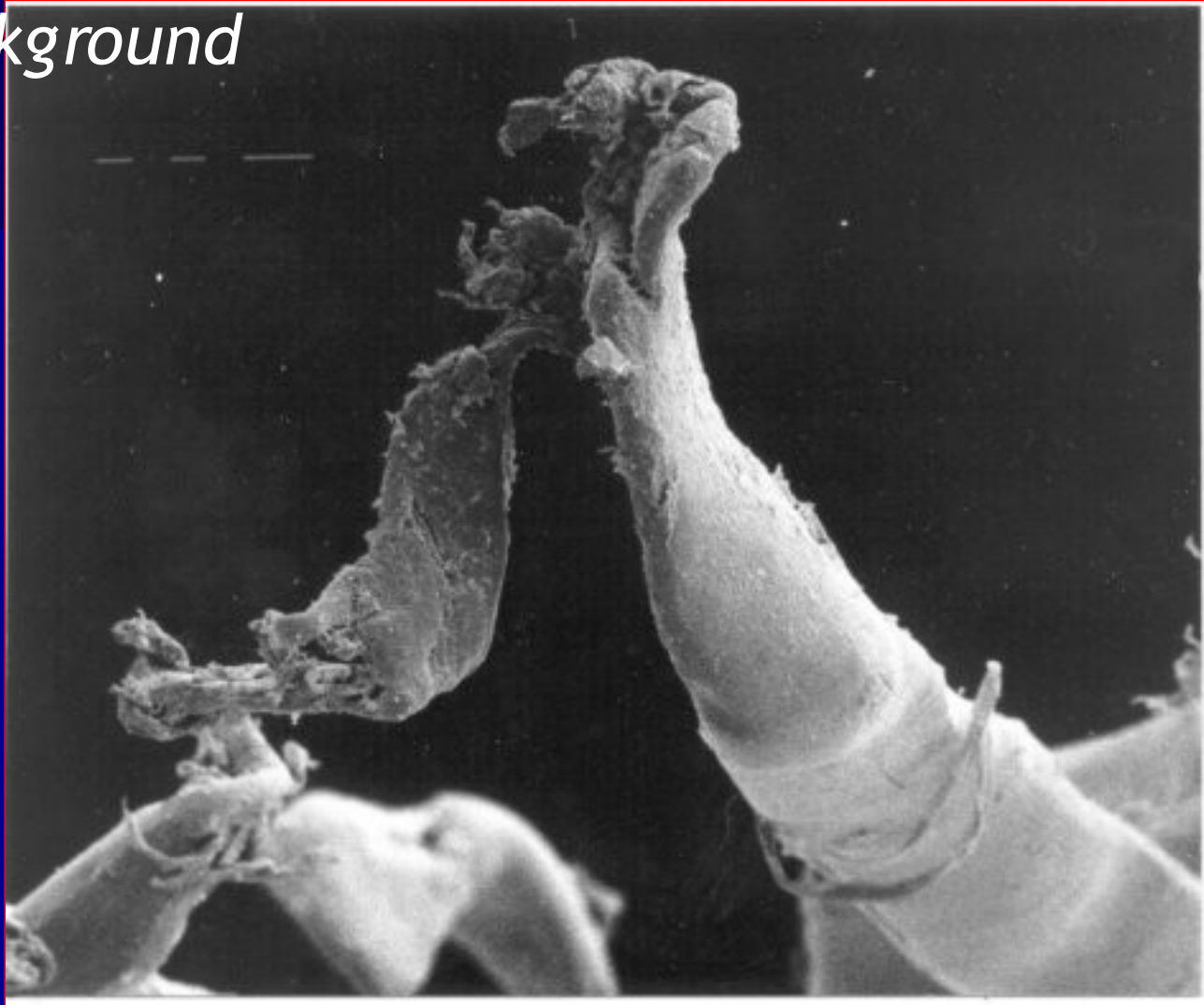
## Results of Mode of Failure Analysis at UMIST Textiles Dept.

### Revealed a Biphasic Failure Pattern

**EARLY** (<6 months): due to mechanical failure

**LATE** (> 2 years) : due to mixture of mechanical failure,  
fretting & fatigue

*Historical  
Background*



**SEM views of early ligament failure**

*Historical  
Background*



SEM views of late ligament failure

# Historical Background

## MODE OF FAILURE ANALYSIS

### FINDINGS:

1. All ligaments failed at tibial tunnel exit.

1. Ligaments examined at the OTT route

showed no signs of fretting or fatigue.

1. There was no bollard fixation failure.



## *Historical Background*

### CONCLUSION

- The cause of early failure was mechanical impingement at the tibial tunnel exit.
- The cause of late failure was a mixture of both mechanical impingement and fatigue occurring again at the same site.

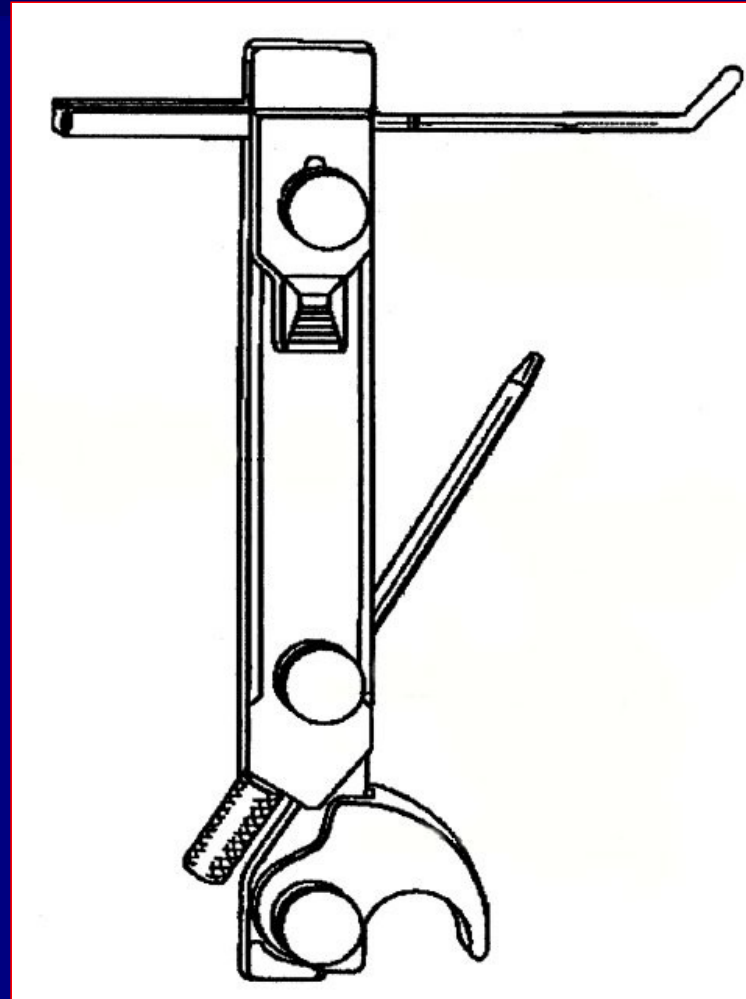
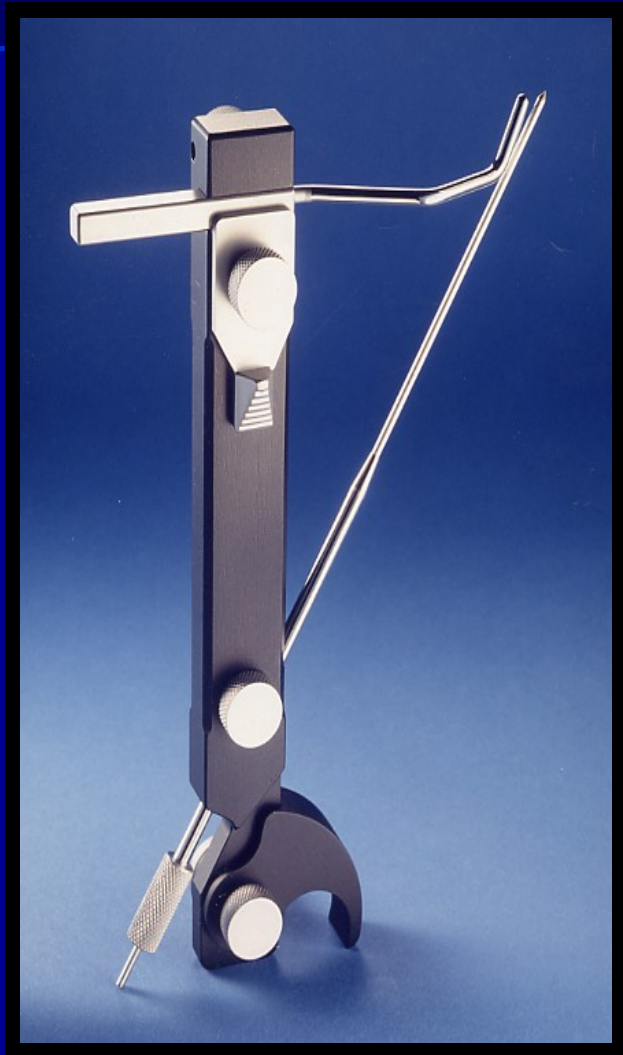
## SOLUTIONS



- Redesign of instrumentation to prevent mechanical impingement and fretting at the tibial tunnel exit.
- Continued use of the OTT route for proximal fixation.

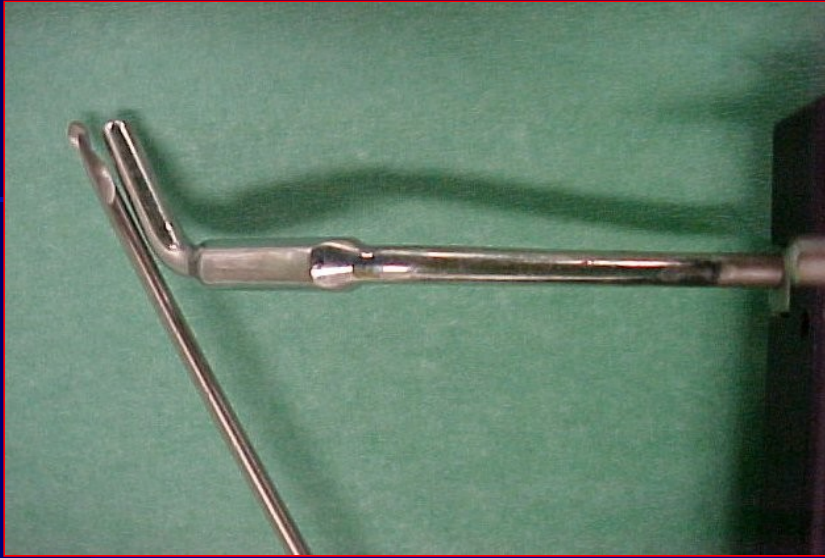
# NEW INSTRUMENTATION (1)

## Mayday Rhino horn Jig

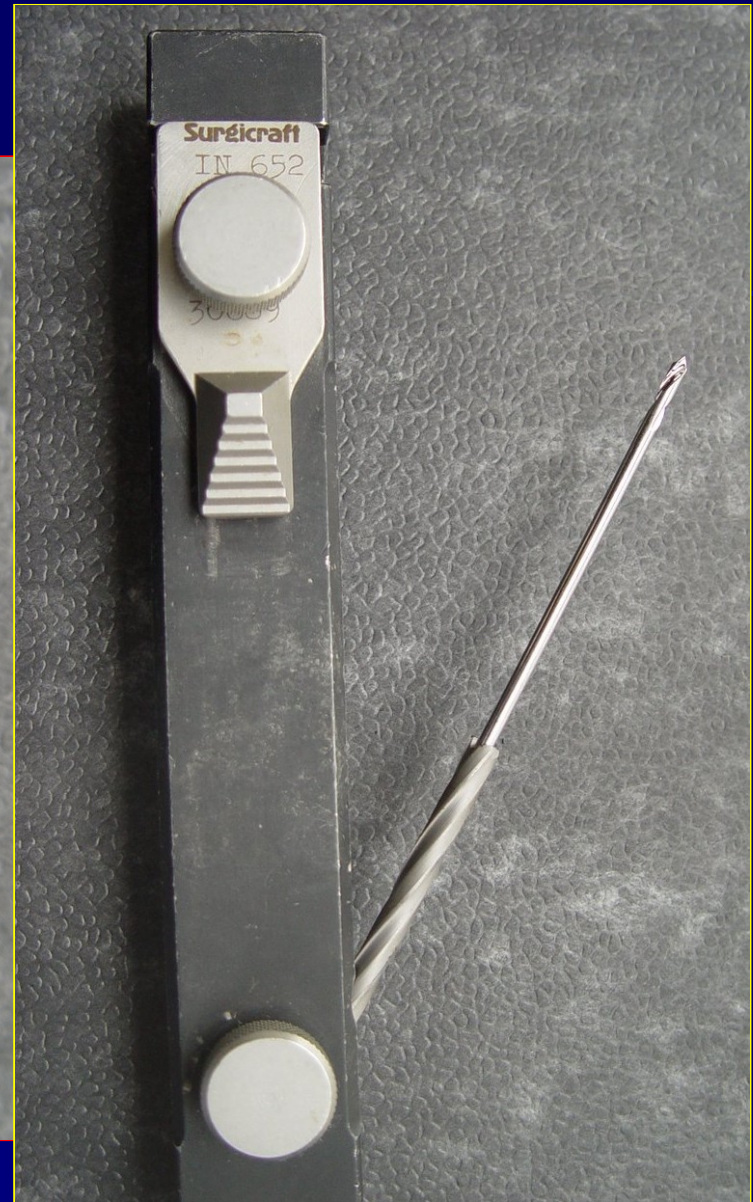
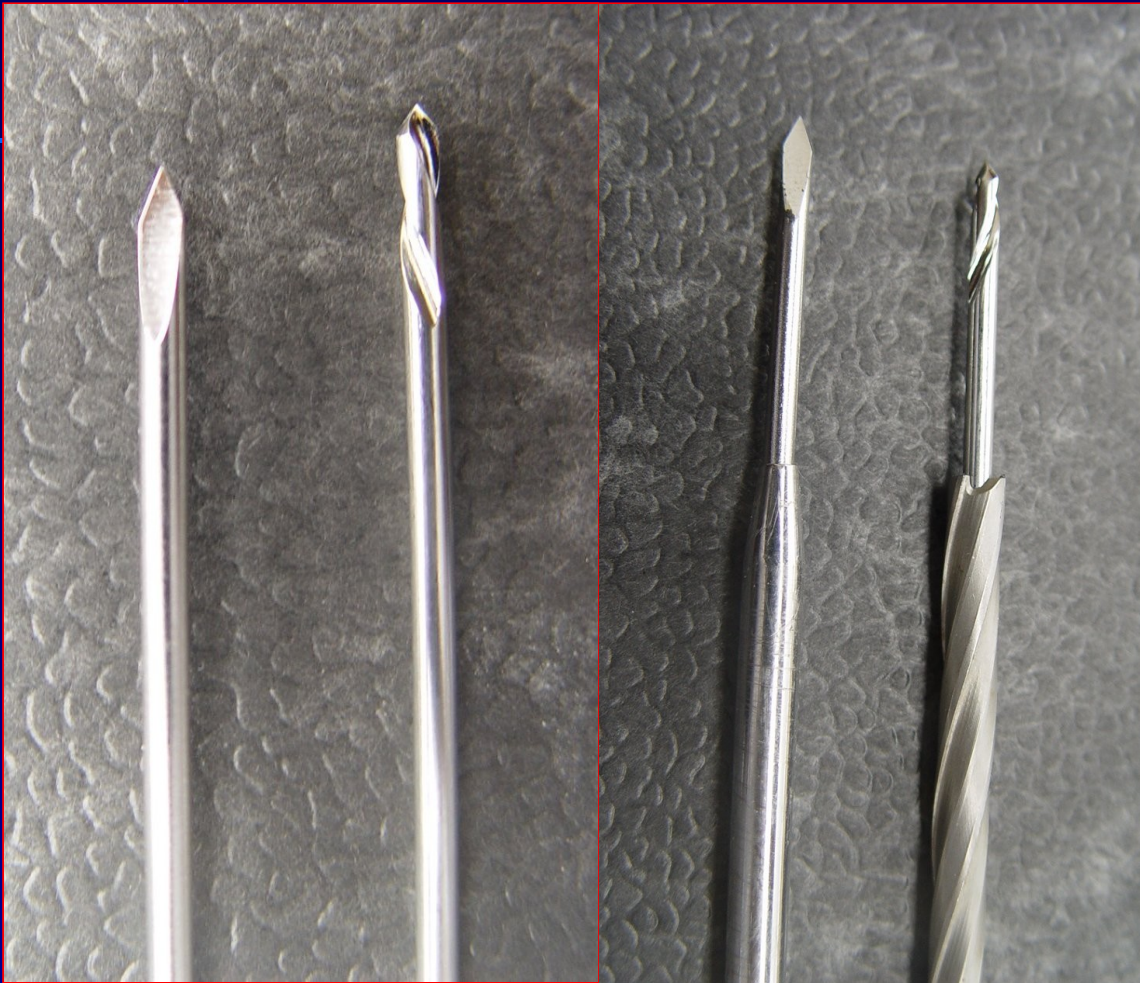




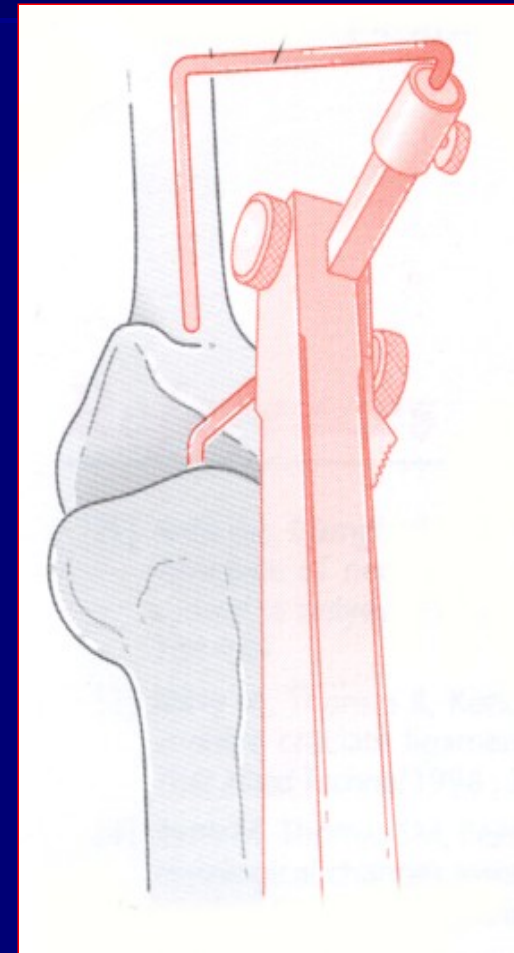
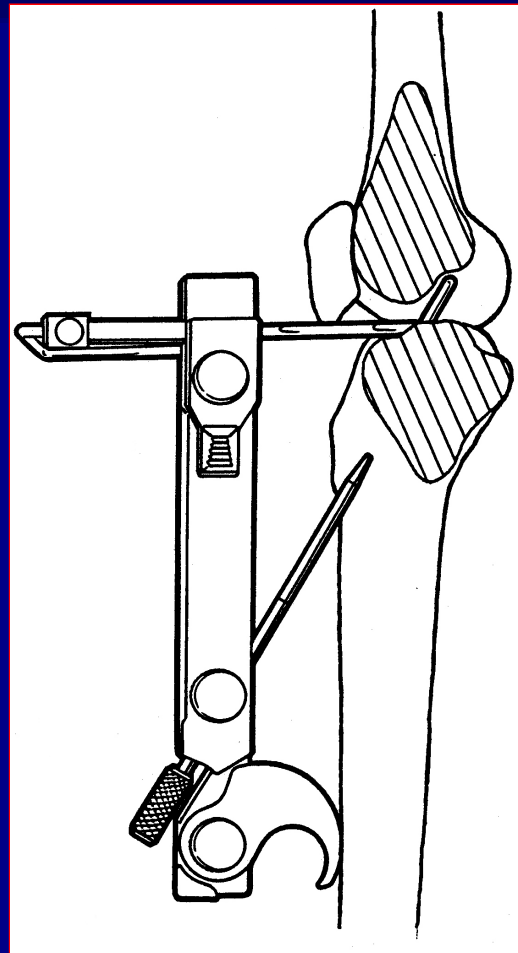
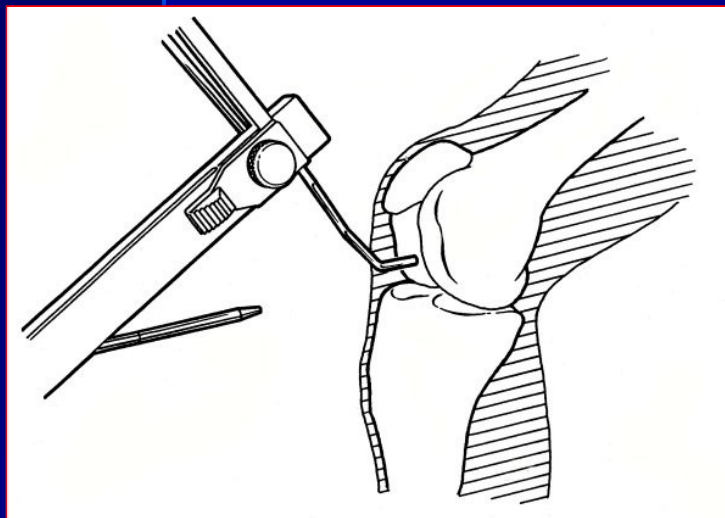
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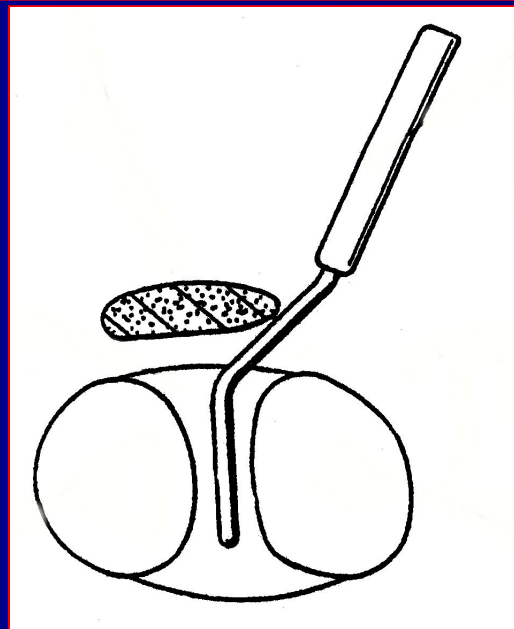
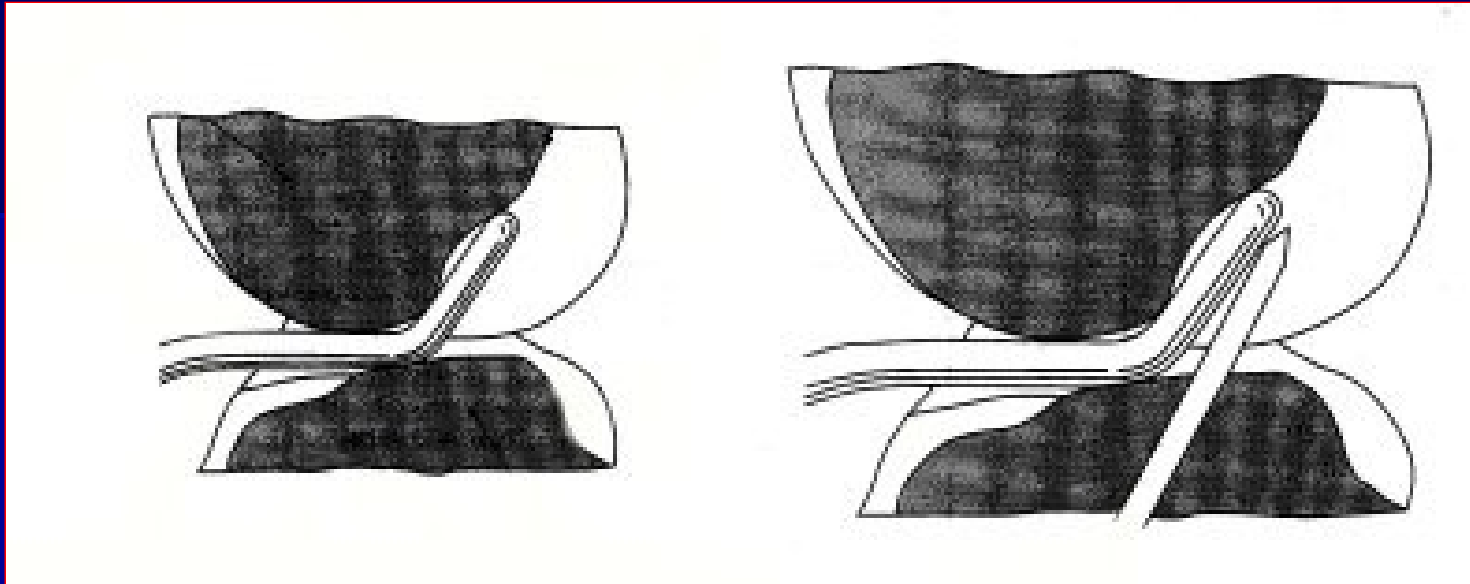
# Mayday Rhino horn Jig



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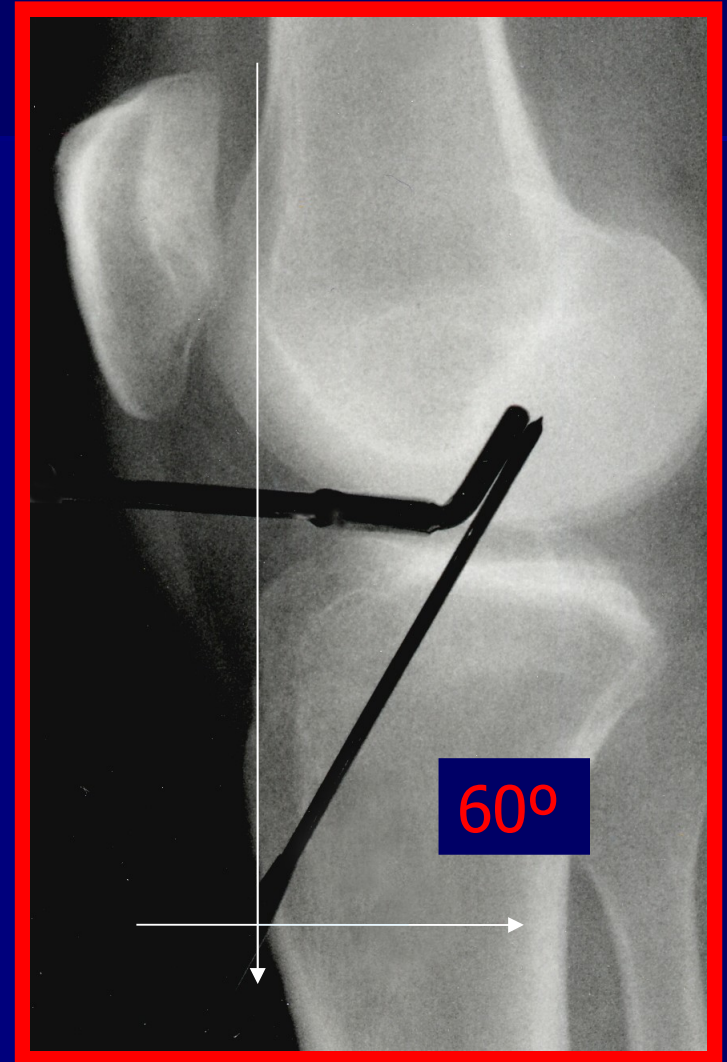
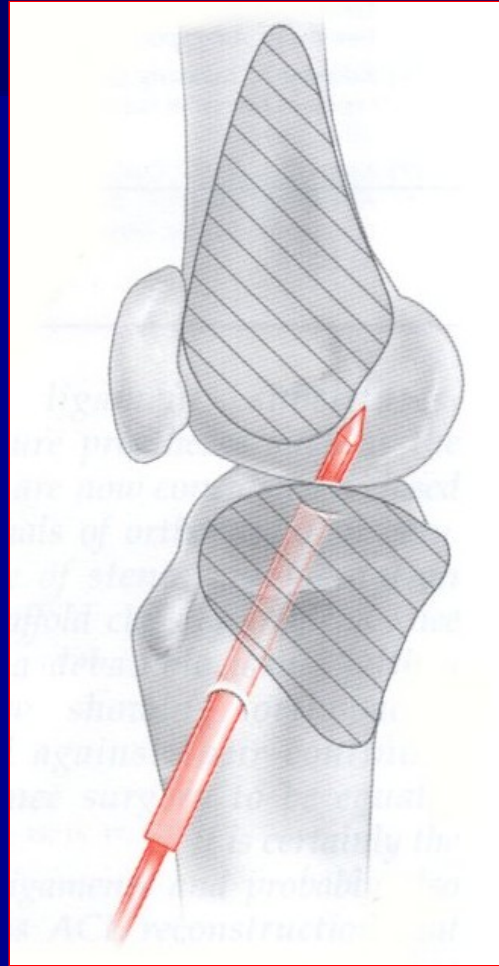
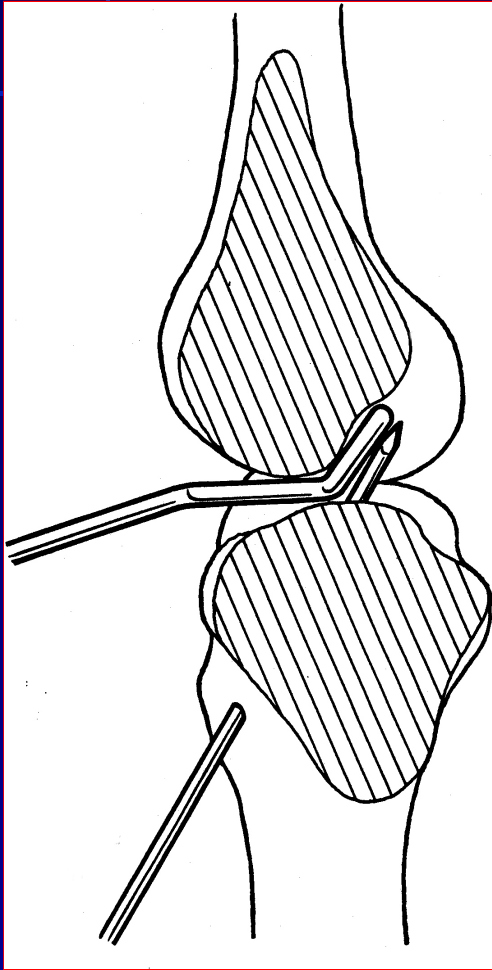
# Mayday Rhino horn Jig



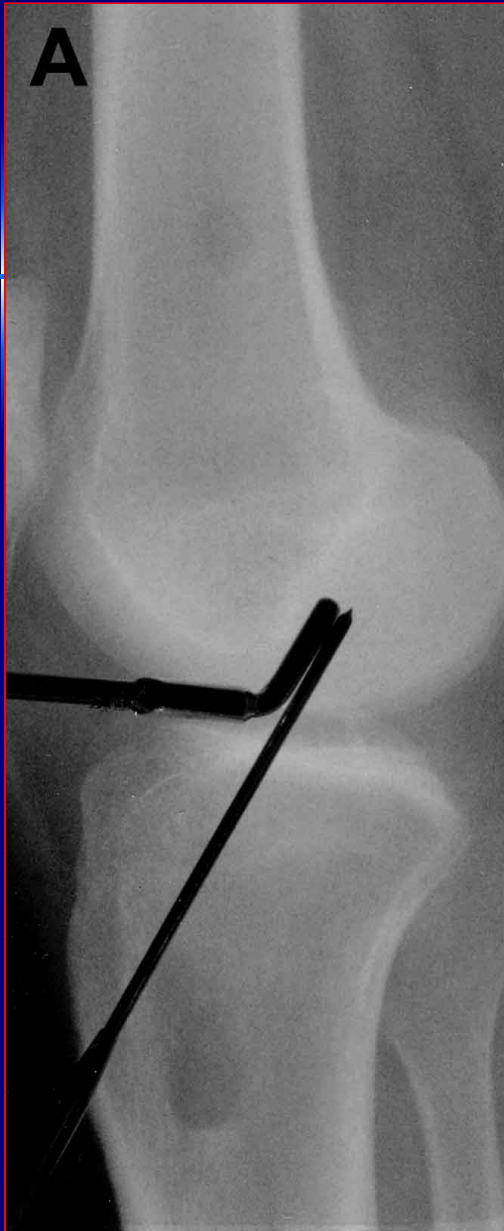
# Left and Right Rhinohorn Probes

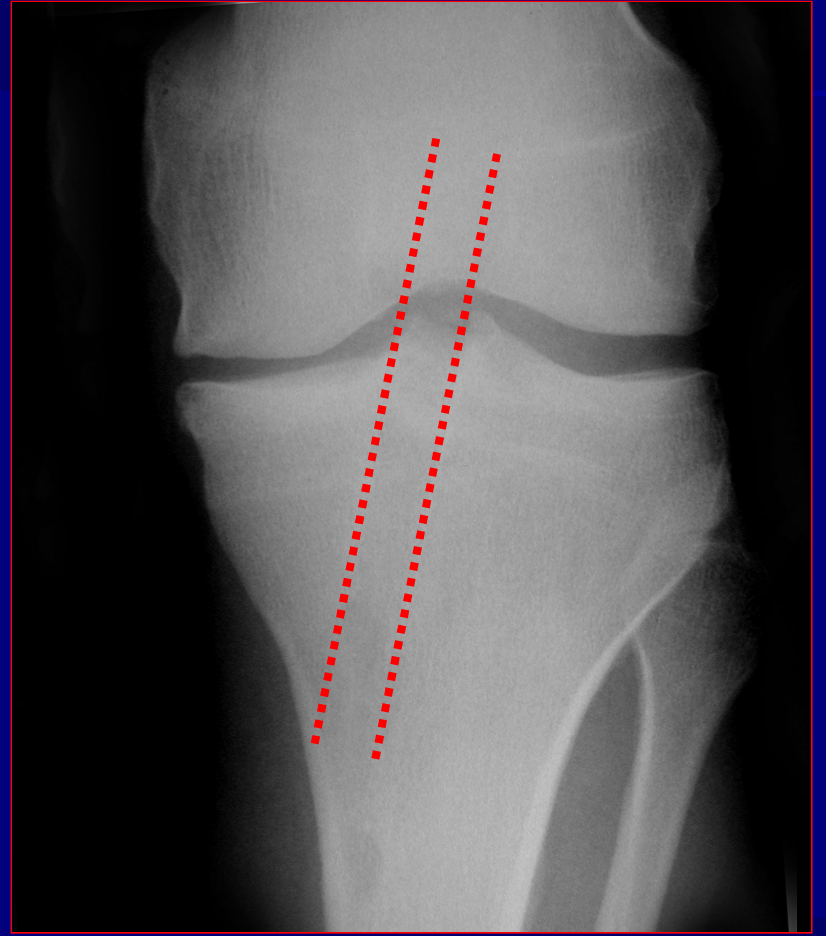
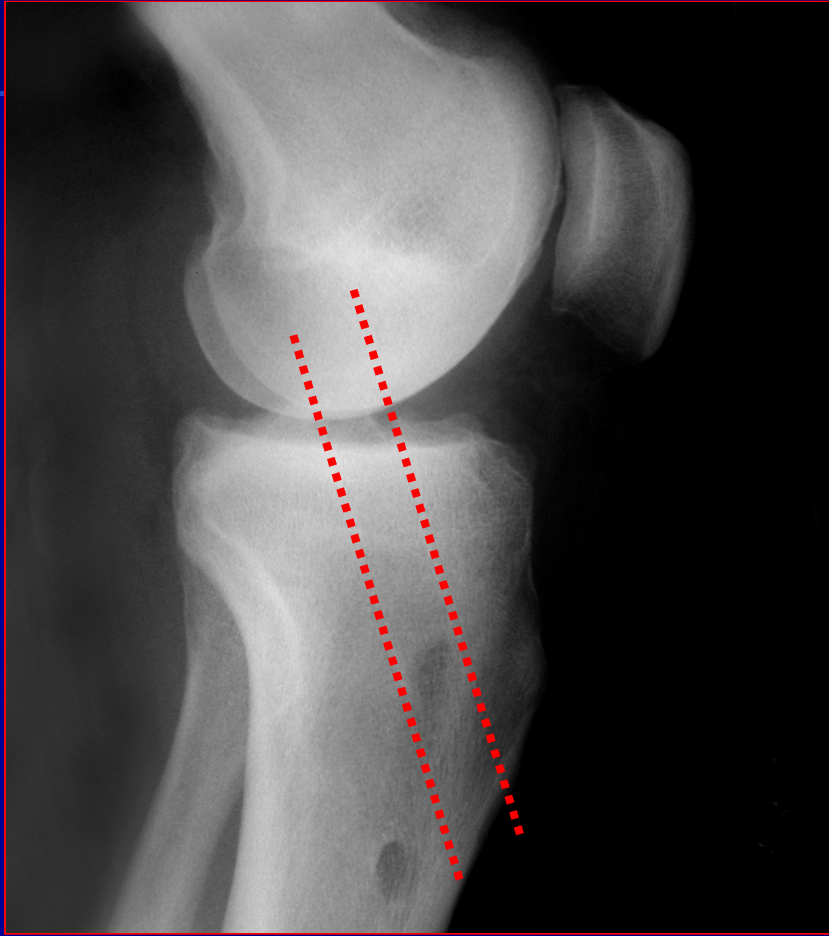


# Mayday Rhino horn Jig









## NEW INSTRUMENTATION (2)

### Tunnel Edge Radiusing / Chamfering

Back Radius Cutter



Position on AP & Lateral X-ray



# NEW INSTRUMENTATION (2)

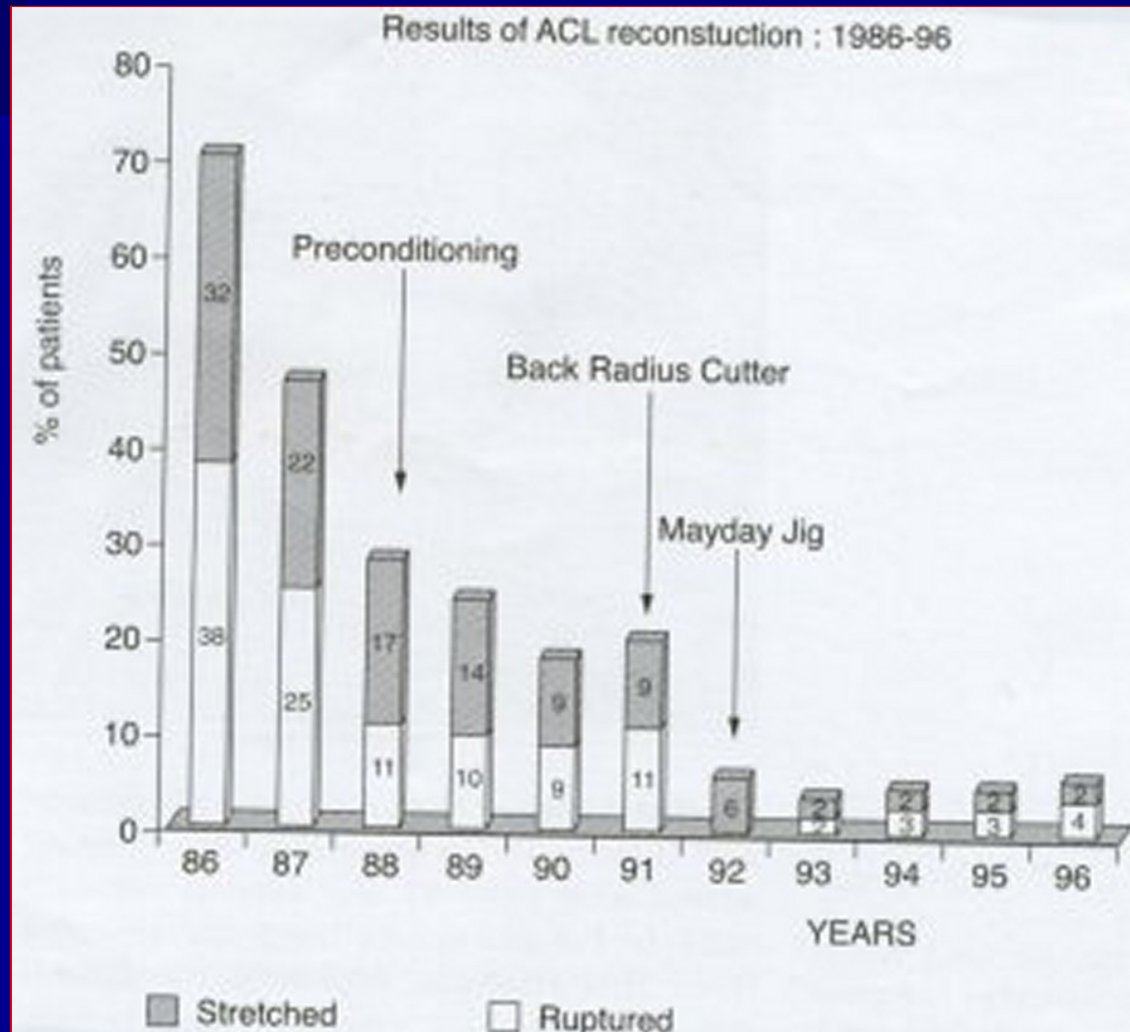
## Tunnel Edge Radiusing / Chamfering

Back Radius Cutter  
in  
Bone Tunnel

Chamfered tunnel outlets



# RESULTS (1)



## RESULTS (2)

- 15 Years Experience with the ABC ligament
- Second Cohort of Patients reviewed (1992-2000)  
after introduction of the new instrumentation showed an extremely low initial failure rate over the first 5 years.

## RESULTS (3)

- However 21% of the ligaments failed 6 and 7 years after implantation in the second cohort!
- Whilst there remain many long term satisfactory results following implantation of the ABC scaffold the above analysis has led us to discontinue using this implant on a regular basis.

## Conclusion

Whilst there remain many long term satisfactory results following implantation of the ABC scaffold it is clear that mechanical failure and fatigue persist after 5 years and this has led us to discontinue using this implant on a regular basis.





## MARK I SOFFIX (1993-1998)

This was designed to utilise the best aspects of the ABC implant but using autologous material instead.

We therefore retained the following features:

1. Dedicated instrumentation to avoid impingement and fretting
2. Double loop – double bollard fixation
3. Transtibial tunnel and OTT route fixation

## Mark I superseded by Mark II Button Hole Suffix in 1998

### Why Change?

1. Two failures occurred at the site of proximal loop fixation (possibly due to stress concentration).
2. Technically more demanding to attach hamstring tendon to a single tape.
3. Unable to provide tendon fixation complex of given length.
4. Passage of the graft was more difficult in the Mark I Suffix because of bunching.

# The Button Hole Soffix (Soft Tissue Fixation Device) Mark II



Various Lengths: 15.5 cm, 17.0 cm and 18.5 cm

## Mark II Button Hole Soffix (1998)

1. Ease of preparation
2. Low stress fixation



Soffix Mounted on Adjustable Frame

## 4 Strand STG-Soffix Complex Preparation



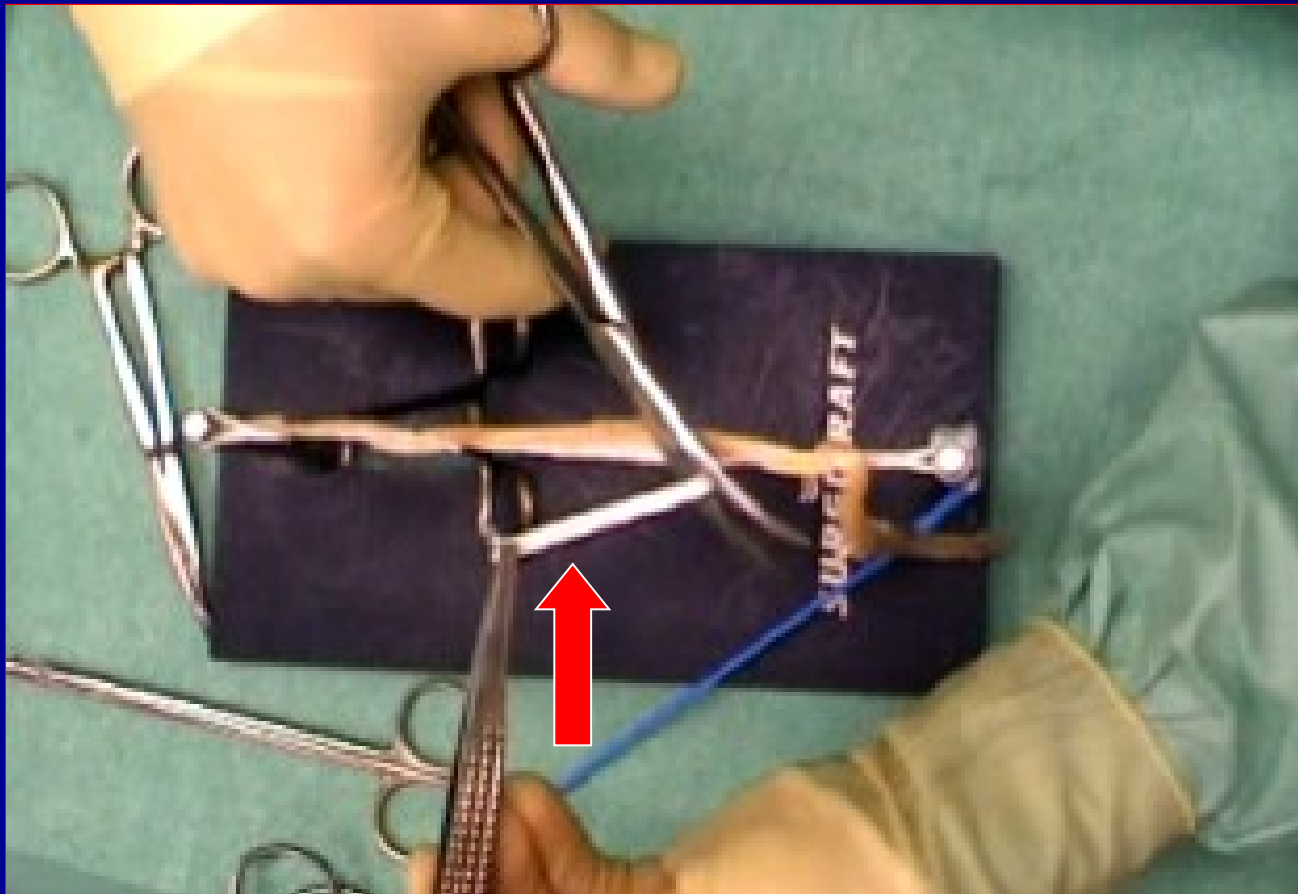
4 Strand STG-Soffix Complex on Frame  
Following Graft Preparation



## 4 Strand STG-Soffix Complex on Frame Suturing of the Four Strands



The central 4 – 6 cm of Soffix tape is excised prior to implantation

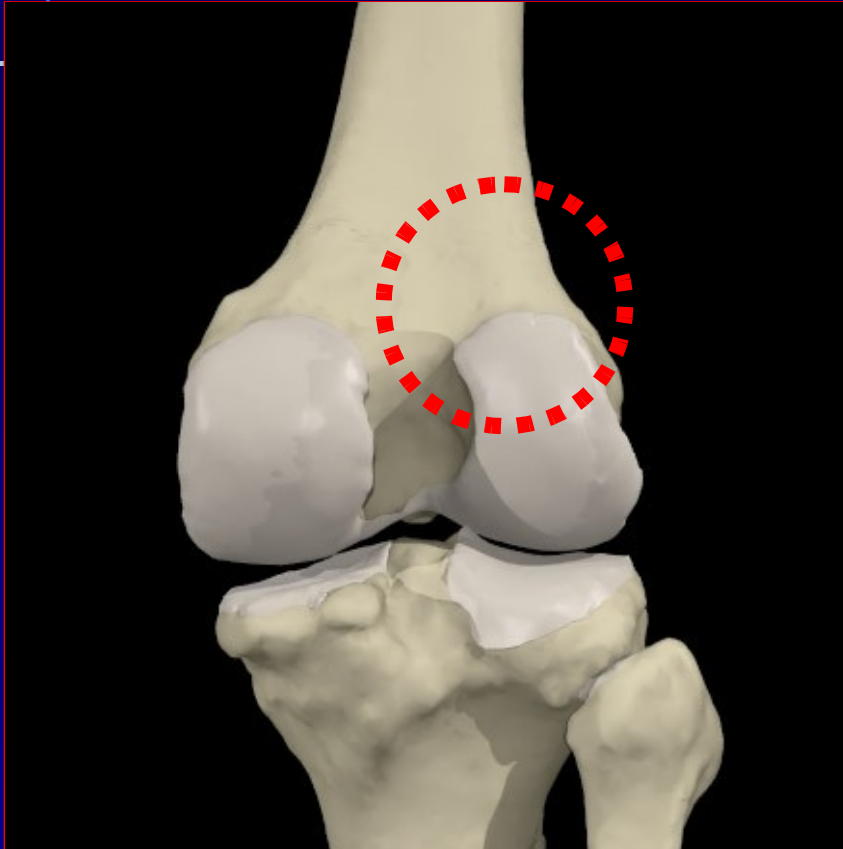




# Graft Railroading



# Over-the-Top Femoral Routing



# Over - the - Top Site Preparation





British troops go 'Over The Top' during fighting  
in World War I

## Why go Over-the-Top ?

- Avoids femoral tunnel and its attendant complications
- Experience with failed prosthetic implants confirms the reliability of the OTT route
- Graft placement is technically less demanding
- Robust fixation
- Reproducible
- Safe

# Safety



# Femoral Tunnel Misplacement

The most common error in ACL surgery is femoral tunnel misplacement (40%)

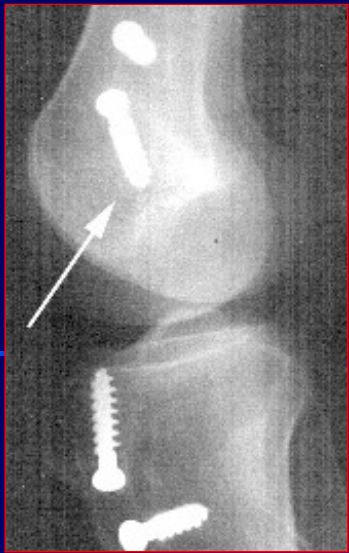


Sommer C, Friederich NF, Muller W. Improperly placed anterior cruciate ligament grafts: correlation between radiological parameters and clinical results.

Knee Surg Sports Traumatol Arthrosc

2000;8(4):207-13

## Femoral Tunnel Misplacement



In a simulated surgical study undertaken by experienced arthroscopic knee surgeons only **16.6%** of cadaveric knees had correct femoral and tibial tunnel

Kohn D, Busche T, Carls J. Drill hole position in endoscopic anterior cruciate ligament reconstruction. Results of an advanced arthroscopy course.

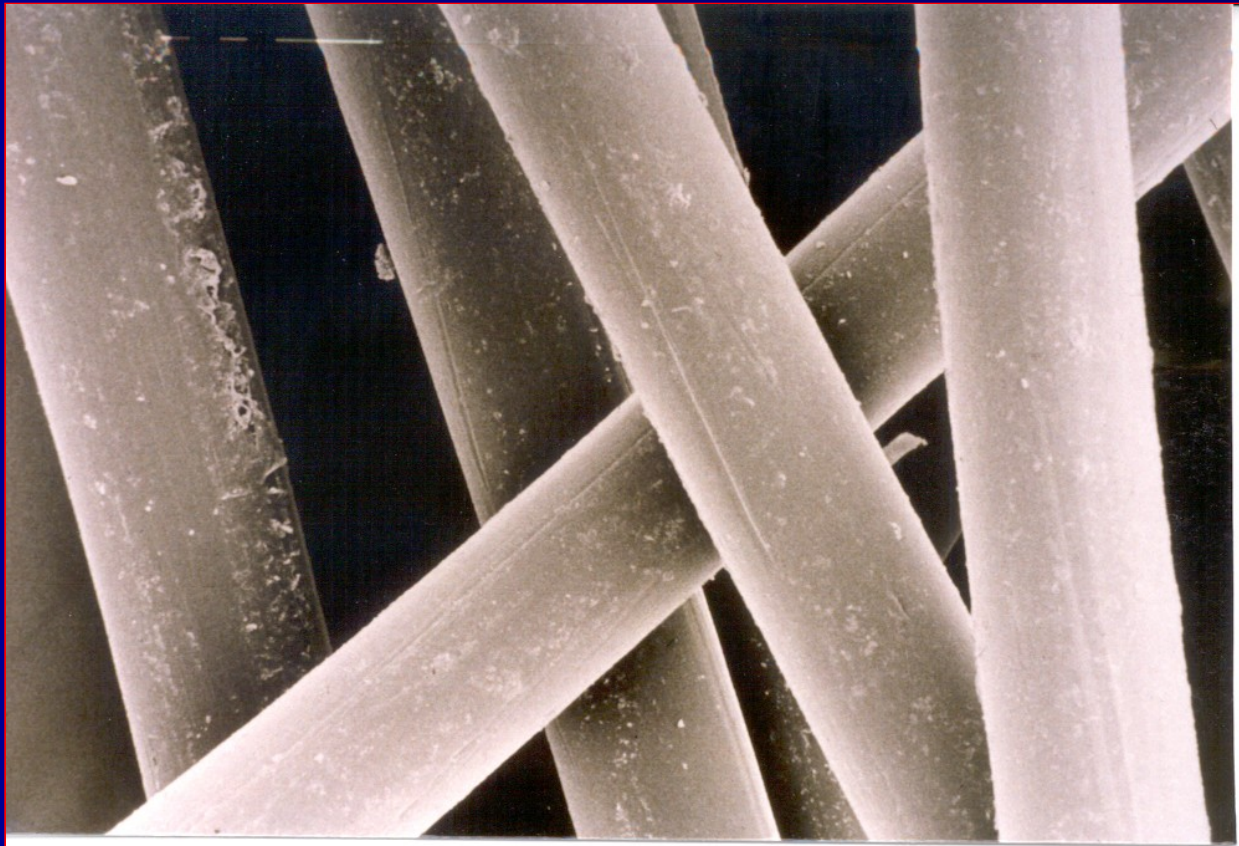
Knee Surg Sports Traumatol Arthrosc 1998;6 Suppl 1:S13-5



## Why go Over-the-Top ?

- No bollard failure reported.
- Mode of failure analysis revealed  
no evidence of failure of a  
prosthetic implant at the OTT site.

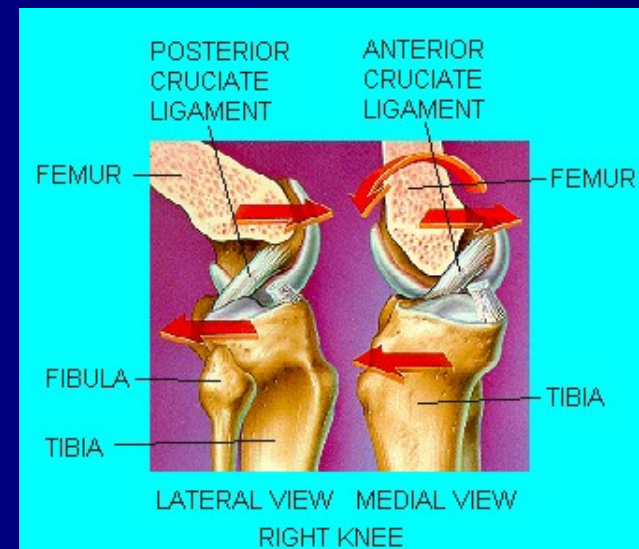
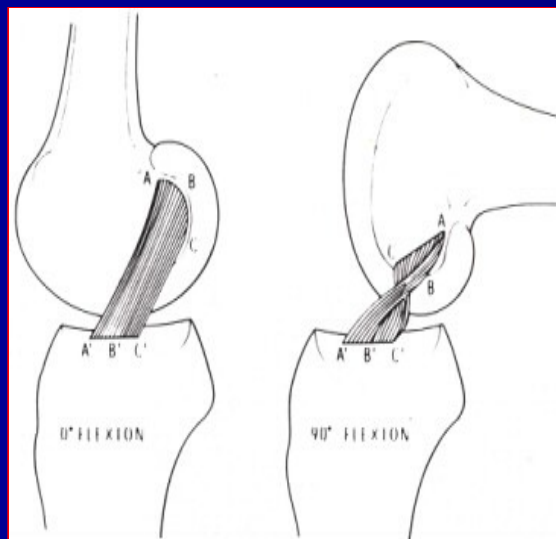
# Polyester Fibres from the OTT site



# Biomechanical Properties of the Normal ACL

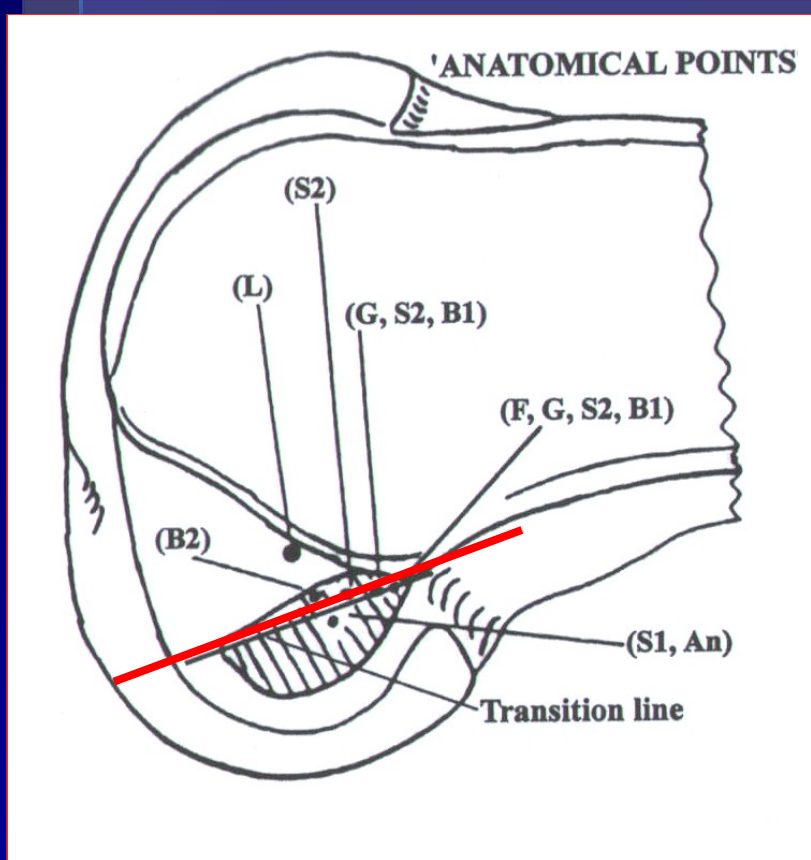
## Favouring the OTT route

Individual bundles in the ACL tighten and relax during flexion and extension. However taken as a whole the ACL tends to be tight in extension relaxing slightly in flexion



# Why go Over-the-Top ?

A study using navigationally guided probes to determine ideal femoral siting established the transition line.



- The Transition Line (Amis + Zavras)
- Placing all the graft fibres posterior to the transition line ensures that it is tight in extension and slackens in flexion
- Placing the graft over the top ensures this.

## Why go Over-the-Top ?

The surgery is

**reproducible**

and **easier** to perform

than current methods

employing two tunnel fixation

## Advantages of the Soffix fixation method

- Exact choice of length (15.5, 17, 18.5 cm)
- Choice of graft material (autologous grafts, allografts)
- Can be performed open or arthroscopically
- Dedicated instrumentation
- Preconditioning of the graft is possible



## DISADVANTAGES

1. Two incisions
2. Cost

## Conclusion

5 years experience with the Mark II Soffix  
has confirmed that this method of ACL  
fixation and reconstruction provides  
results which match the best for those  
reported in the Orthopaedic Literature.



THANK YOU