

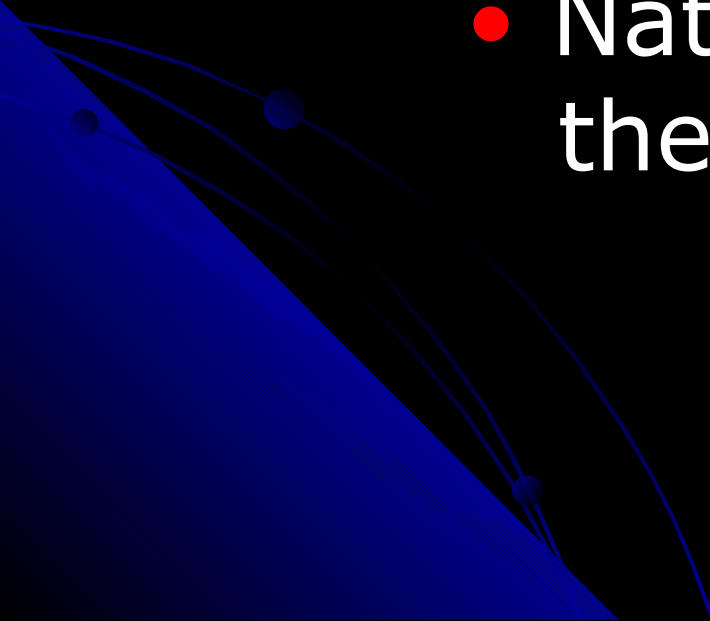
# Osteoarthritis of the Hip

Diagnosis must precede treatment

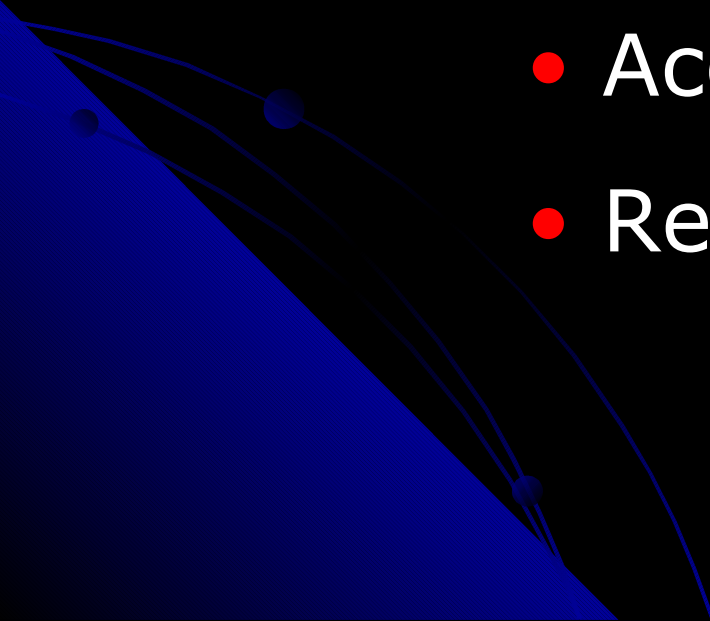


George Hartofilakidis

# Required Knowledge

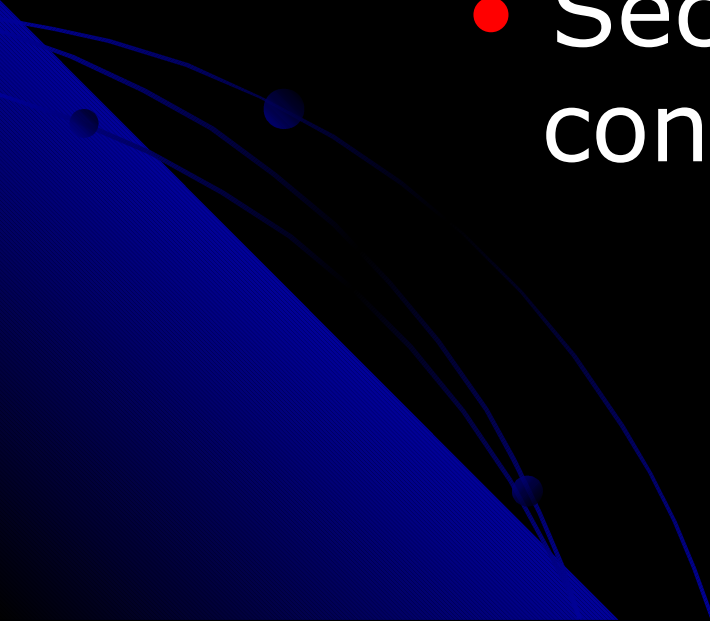
- Classification of OA of the hip
  - Natural history of the different types
- 

# A Classification System to be effective must:

- Include all types
  - Easy to remember
  - Accurate-logical
  - Reproducible
- 

# Osteoarthritis of the Hip

## Classification

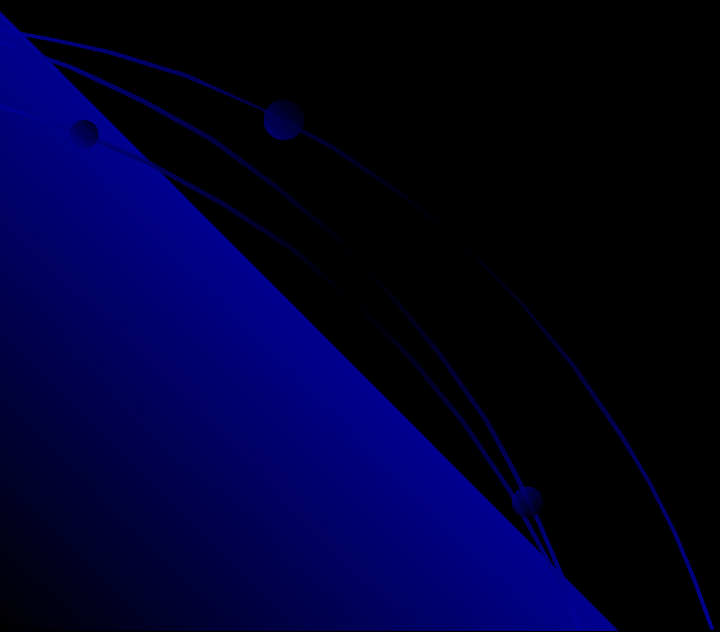
- Idiopathic
  - Secondary, mainly to congenital hip disease
- 

~~PRIMARY~~

IDIOPATHIC

# Osteoarthritis of the Hip

## Epidemiology



# Classification of 660 Hips with Osteoarthritis

<u>Type</u>	<u>n. of Hips</u>
Secondary to CDH	356 (54%)
Idiopathic	272 (41%)
Uncertain	32 (5%)

# Race and OA of the Hip

- Secondary OA more common in oriental people
- Idiopathic OA more common in Caucasian people

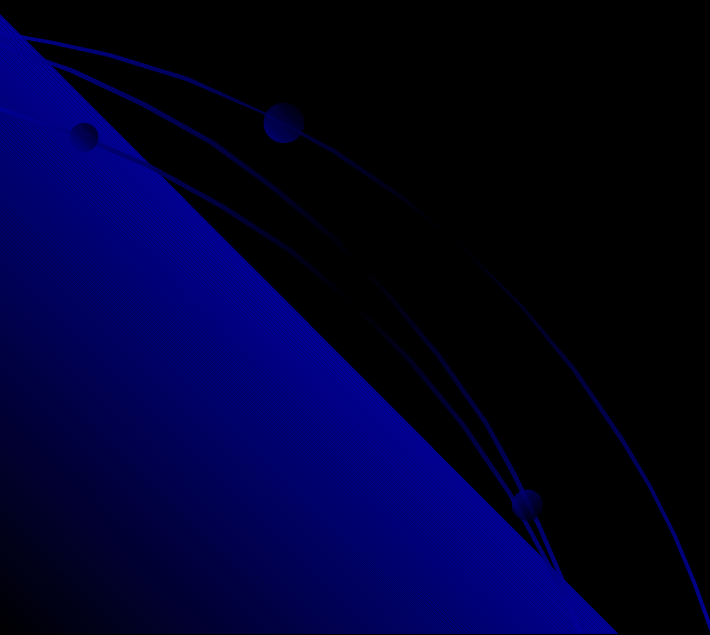


# Osteoarthritis

## Idiopathic

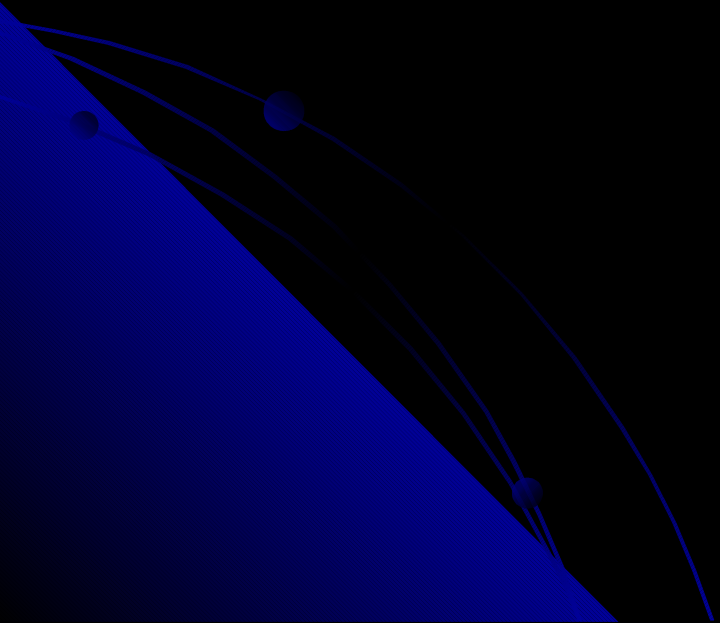
✓ Eccentric

✓ Concentric



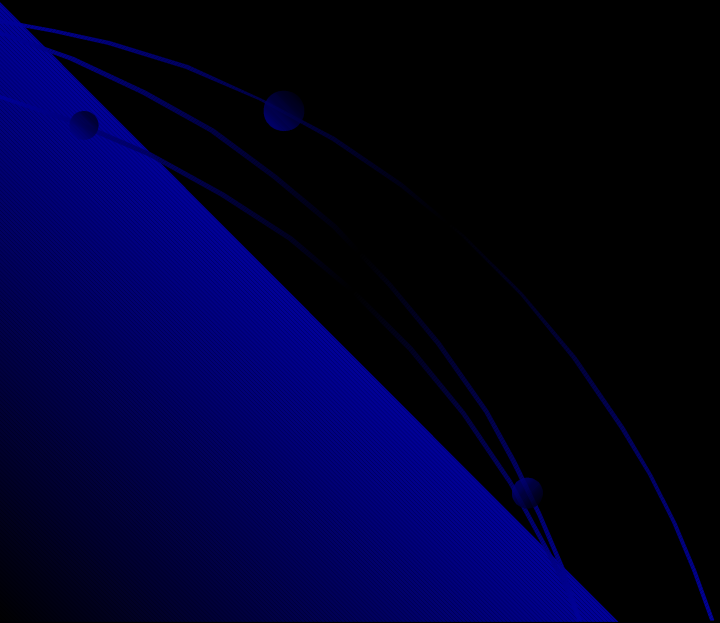
# Eccentric OA

Rapid  
Deterioration



# Concentric OA

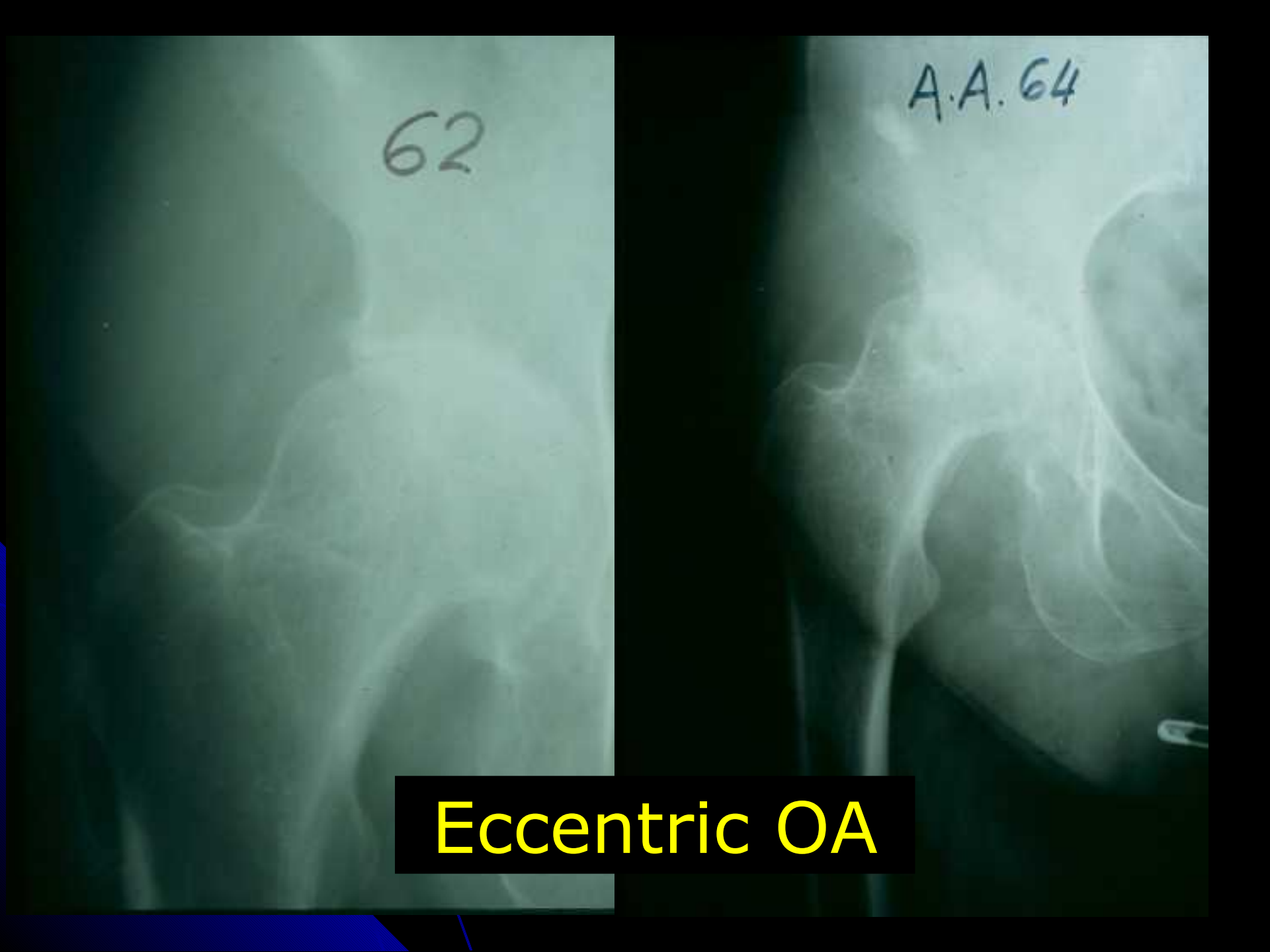
Slow Deterioration



62

A.A. 64

**Eccentric OA**





**Eccentric OA**



**Eccentric OA**

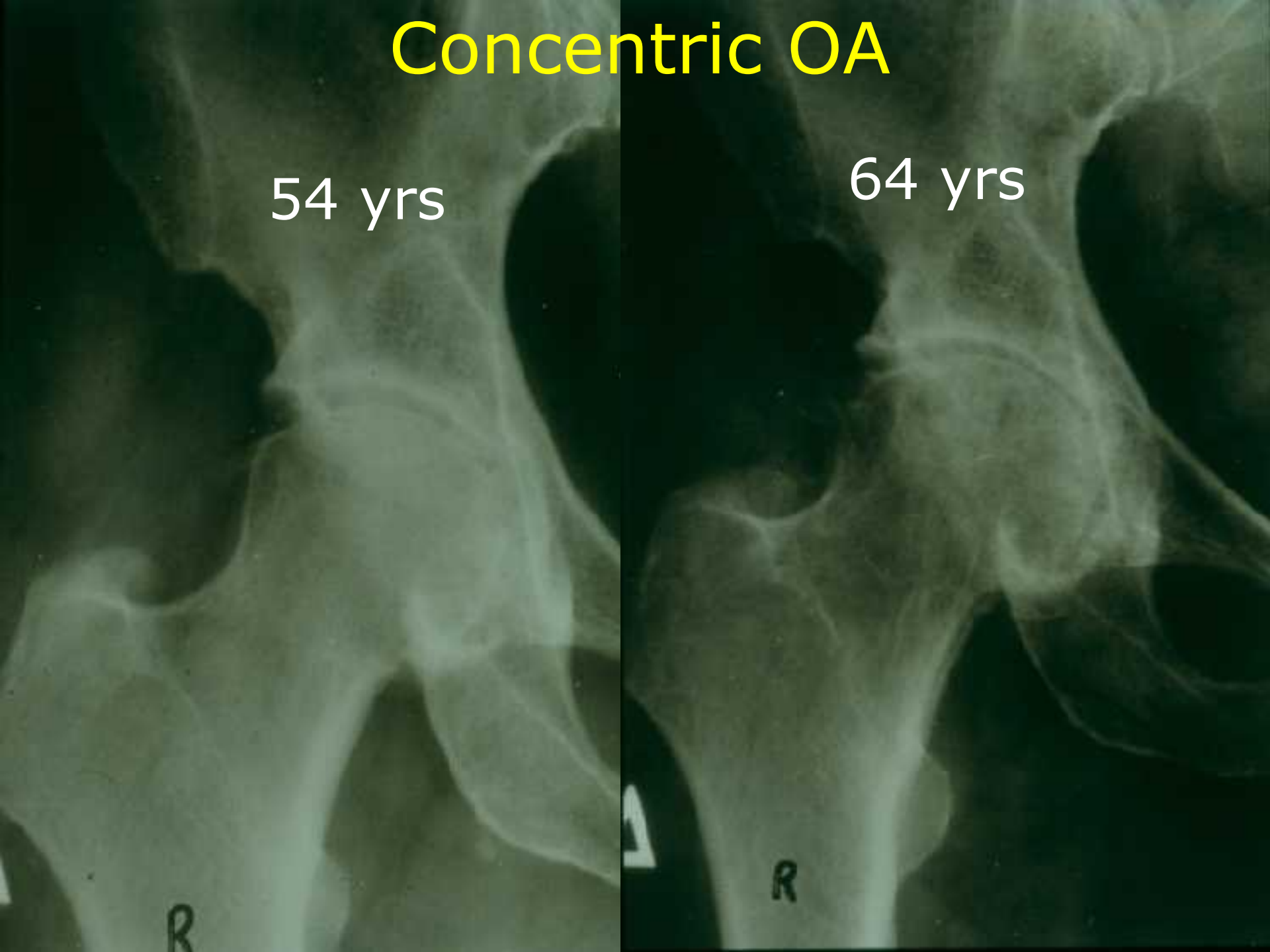
# Concentric OA

54 yrs

64 yrs

R

R



# Idiopathic Osteoarthritis of the Hip: Incidence, Classification and Natural History of 272 cases.

G. Hartofilakidis, Th.Karachalios

Orthopedics, February 2003





# Idiopathic Osteoarthritis

n= 272

<u>Type</u>	<u>n. of Hips</u>
Eccentric	218 (80%)
Concentric	54 (20%)

# Onset of Symptoms (mean age)

- ✓ Idiop. OA (272 hips) 61 yrs
- ✓ Cong. Disease (356 hips) 35 yrs

# First Message

Idiopathic Osteoarthritis  
does exist and is frequent



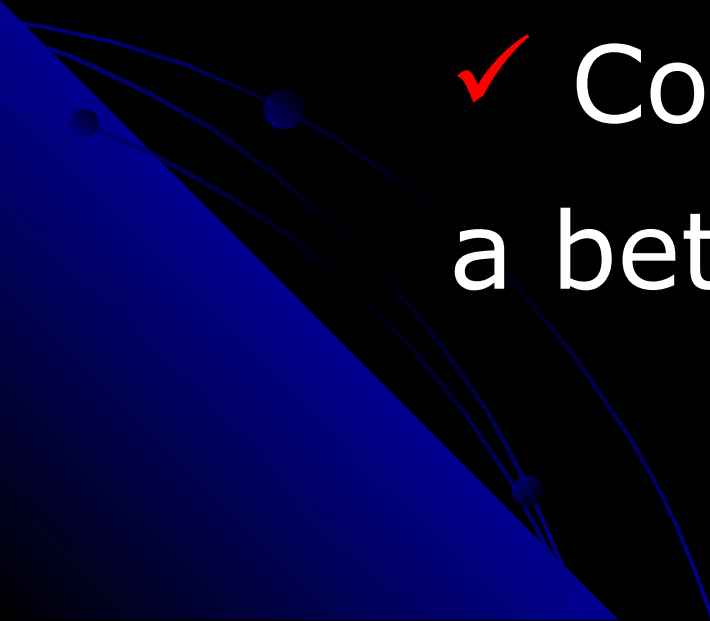
# Second Message

The two main types of Idiopathic Osteoarthritis are:

**Eccentric and Concentric**

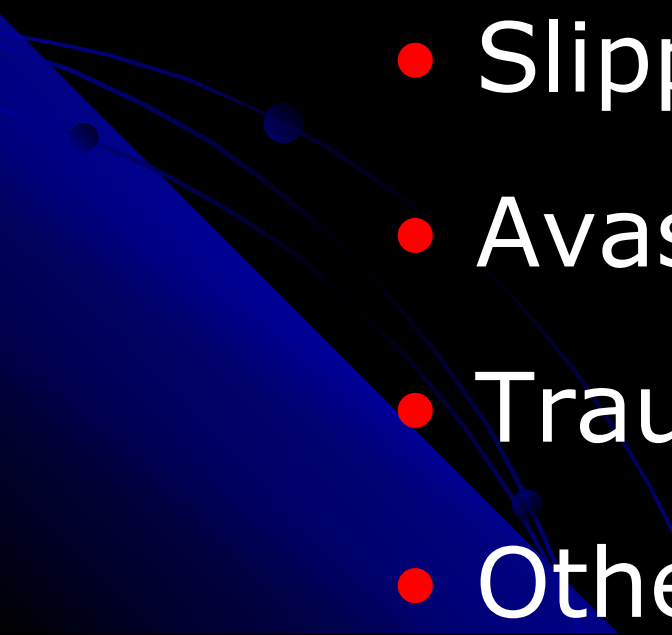


# Third Message

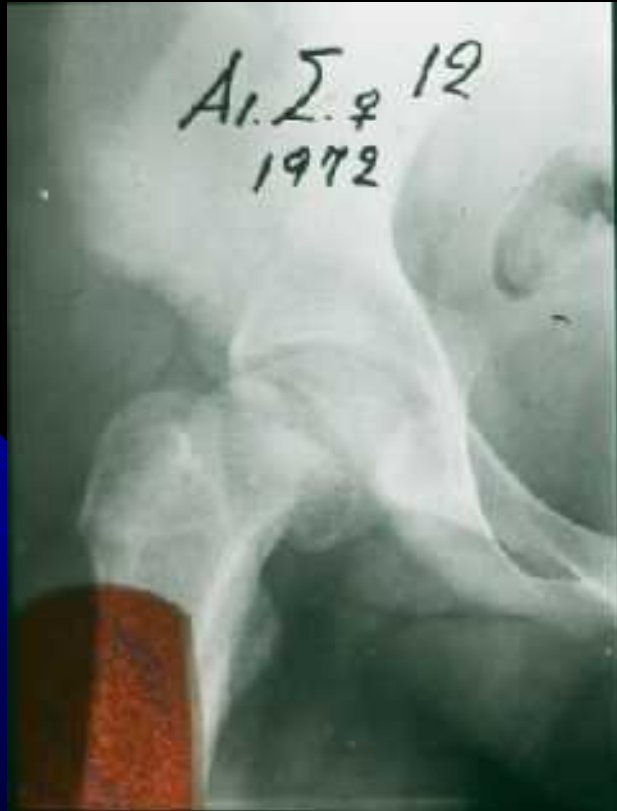
- ✓ Eccentric OA is of bad prognosis
  - ✓ Concentric OA has a better prognosis
- 

# Osteoarthritis of the Hip

## Secondary

- Congenital hip disease
  - Osteochondritis
  - Slipped capital epiphysis
  - Avascular necrosis
  - Trauma
  - Others
- 

# Slipped Upper Femoral Epiphysis



# Legg-Perthes-Calve disease





# Idiopathic Avascular Necrosis



~~Congenital Dislocation (CDH)~~

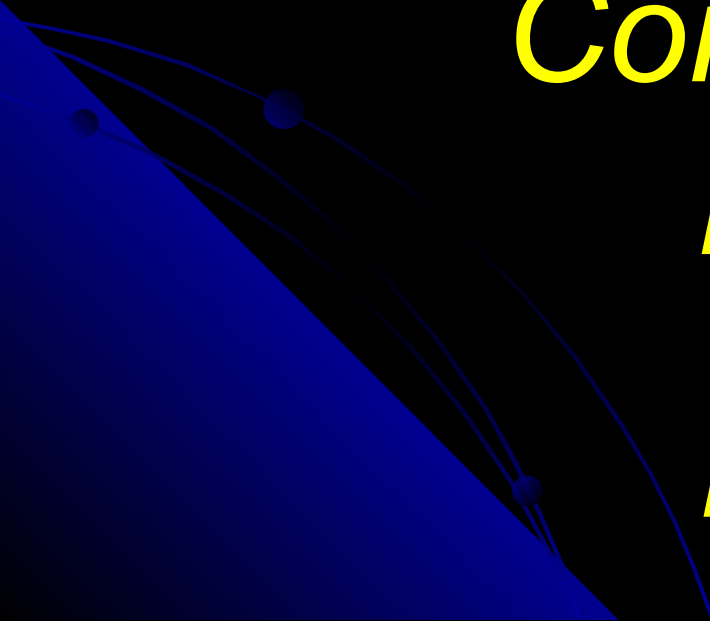
~~Developmental Dysplasia (DDH)~~

**Congenital Hip Disease (CHD)**

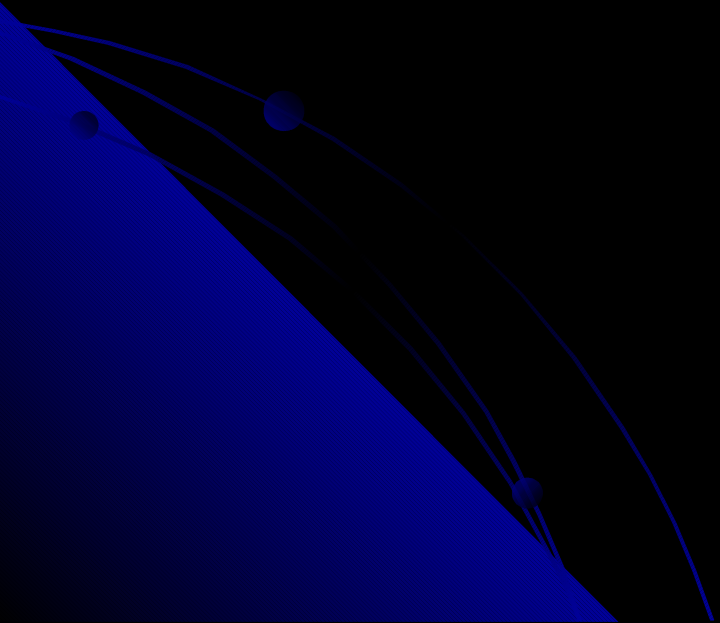
# Congenital Hip Disease (CHD)

Stanisavljenic and Mitelev	JBJS Am 1963
Arnold et al.	JBJS Am 1964
Robin et al	Am J Publ Health 1973
Harris and Stulberg	JBJS Am 1973
Wedge and Wasylenko	Clin Orthop 1978
Walker	JBJS Am 1978
Thomas et al	JBJS Am 1982
Hartofilakidis et al	JBJS Am 1996

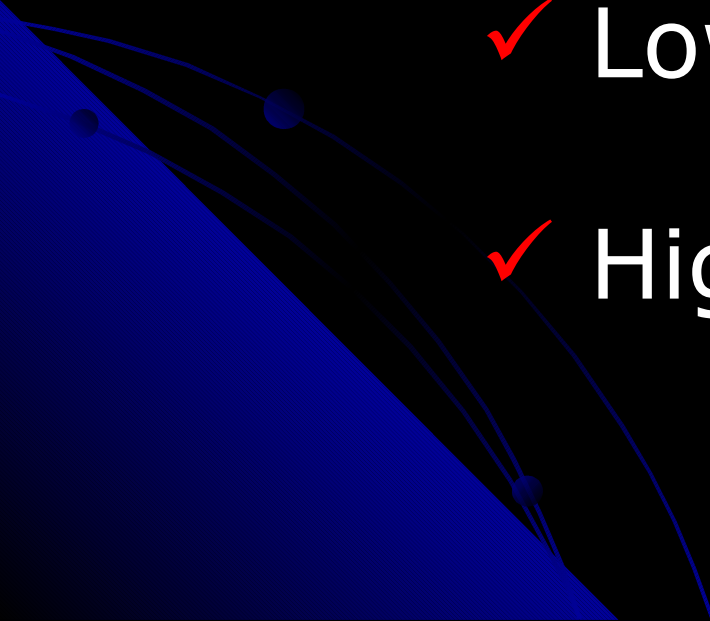
*Classification  
of  
Congenital Hip  
Disease  
in Adults*




- ✓ Eftekhar 1978
- ✓ Crowe et al 1979
- ✓ Hartofilakidis 1988



# Hartofilakidis et al Classification

- ✓ Dysplasia
  - ✓ Low dislocation
  - ✓ High dislocation
- 

# Classification

- ✓ Better communication
  - ✓ Planning of the treatment
  - ✓ Evaluation of results
- 

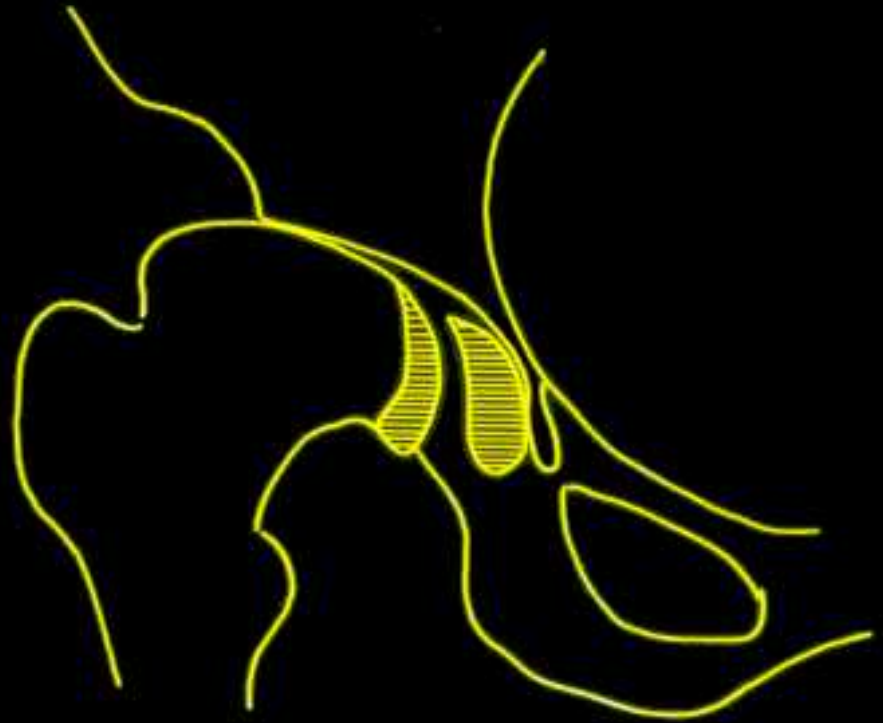
# The Hartofilakidis et al CHD Classification system

- JBJS 70-B, 1988
- JBJS 78-A, 1996
- JBJS 80-A, 1998
- Orthopedics 23, 2000
- Surgical Techniques in Orthopedics  
and Traumatology, 2000
- JBJS 86-A, 2004



# Type A - Dysplasia

The femoral head is contained within the original acetabulum



# Hip Dysplasia

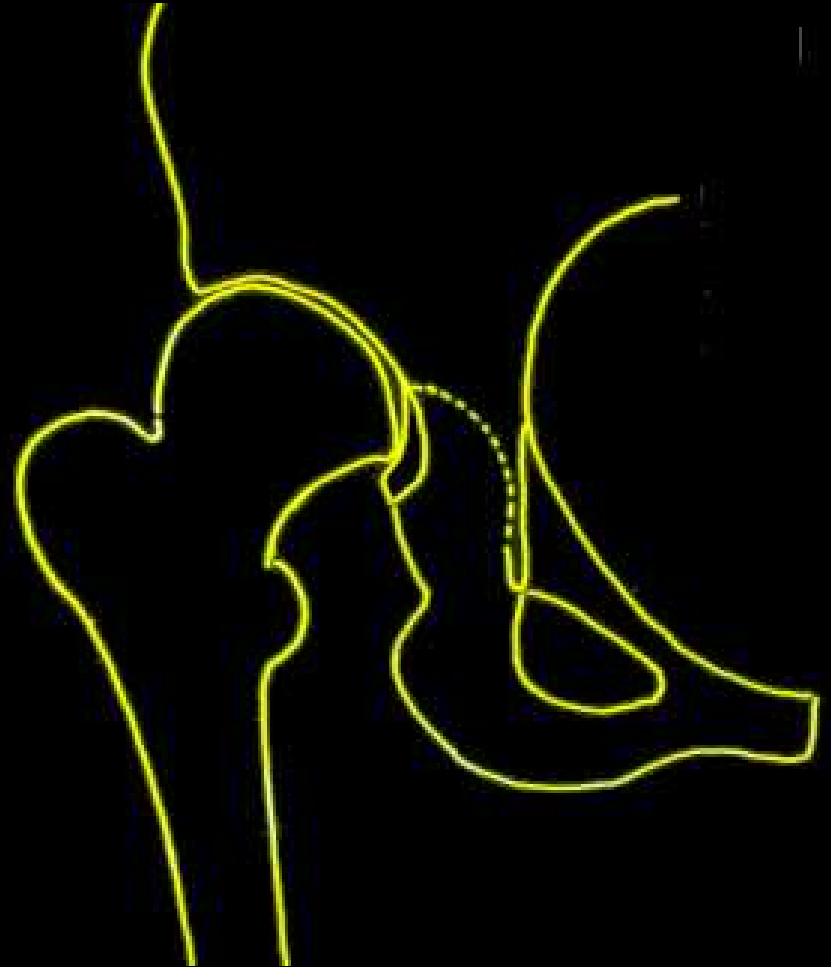
1. Segmental deficiency of the superior wall (roof)
2. Osteophyte covers the fossa (secondary shallowness)



# Type B – Low Dislocation

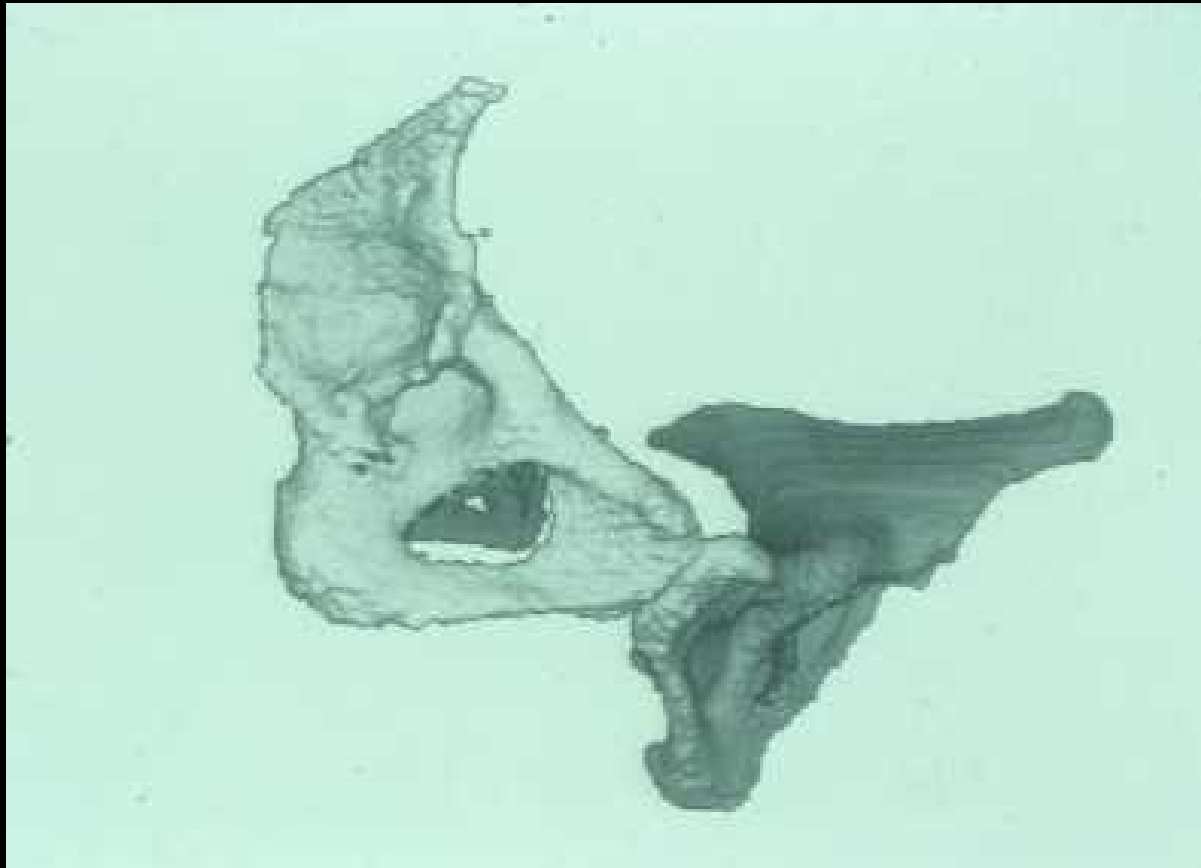
---

The femoral head articulates with a false acetabulum that partially covers the true acetabulum.

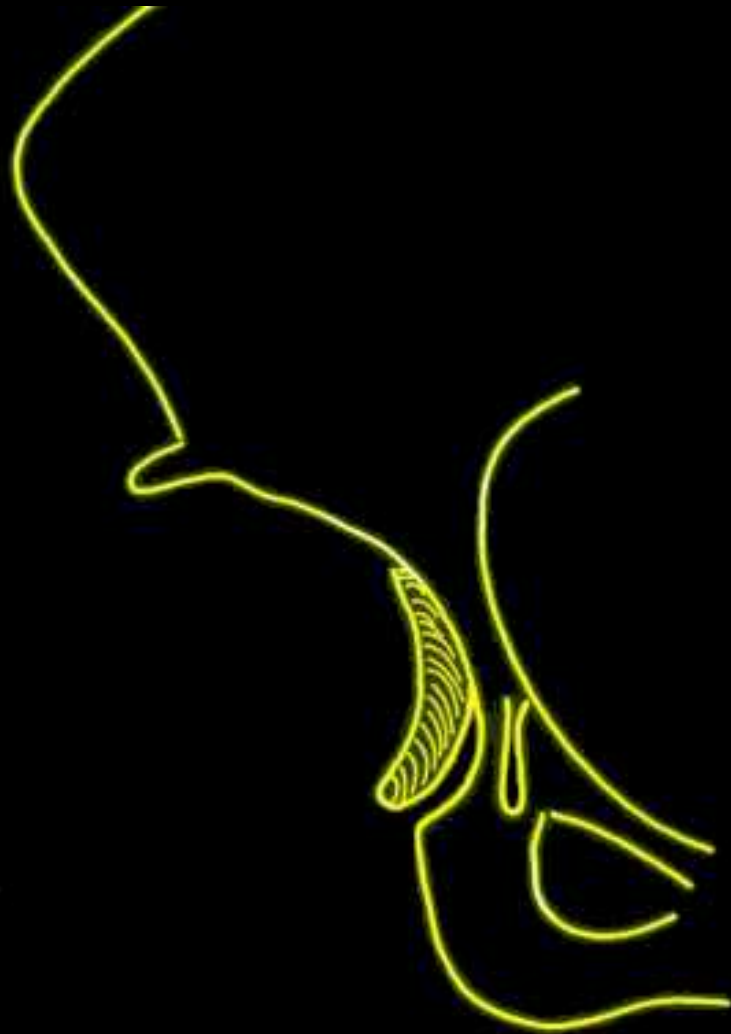


# Low Dislocation

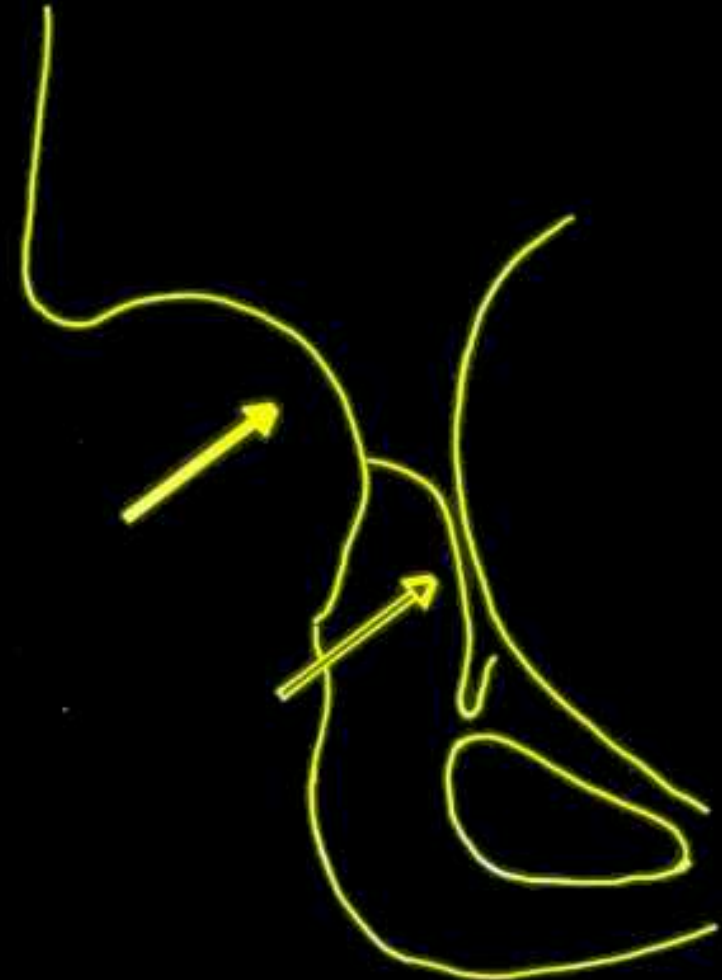
1. Anterior and posterior segmental deficiency
2. Narrow opening



Dysplasia



Low Dislocation



# Type C – High Dislocation

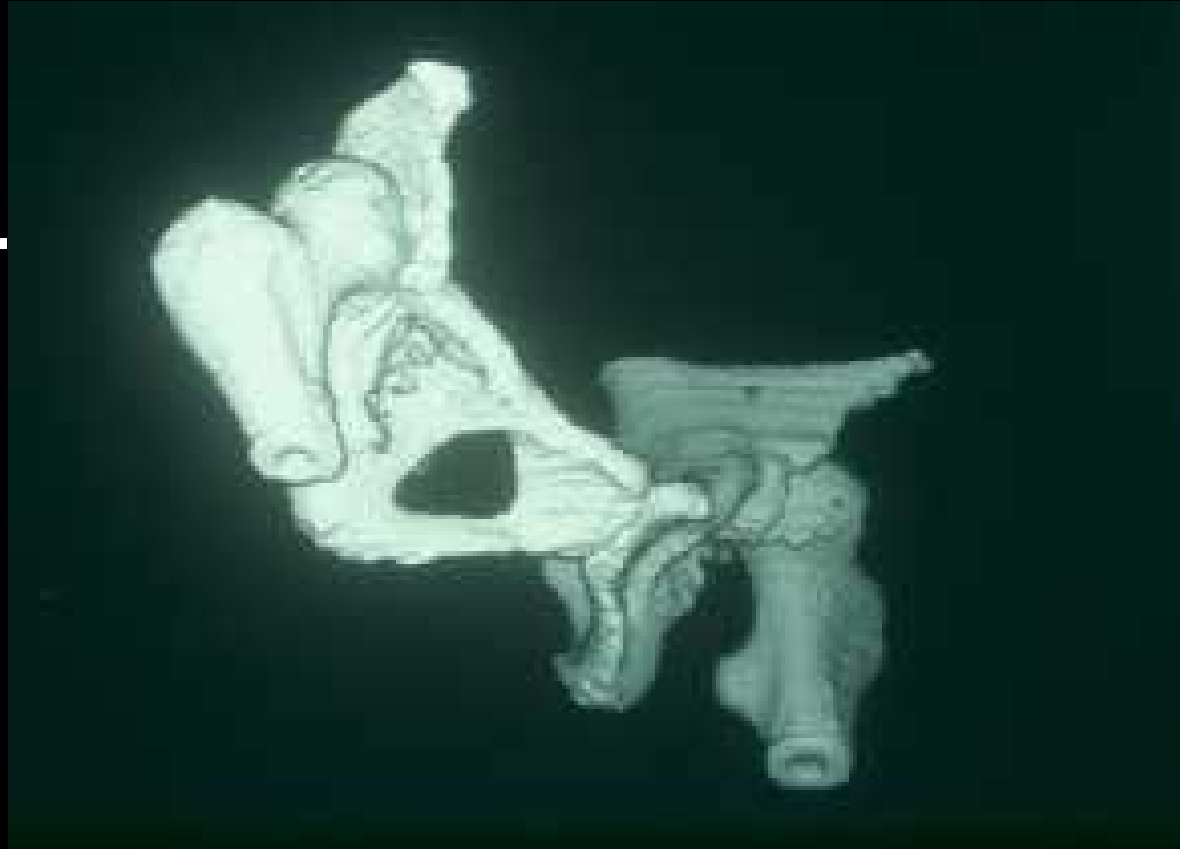
---

The femoral head is migrated superiorly and posteriorly to the hypoplastic true acetabulum



# High Dislocation

1. Segmental defect of the entire periphery. Inadequate depth
2. Abnormal distribution of the bone stock
3. Narrow opening
4. Excessive anteversion



# Epidemiology, Demographics and Natural History of CHD in Adults

G. Hartofilakidis, Th. Karachalios,  
K. Stamos

Orthopedics, August 2000





# Congenital Hip Disease

n= 356

Type	n. of Hips
Dysplasia	170 (47.7%)
Low Dislocation	85 (23.9%)
High Dislocation	101 (28.4%)

At Wrightington Hospital we are using the classification of Hartofilakidis et al because it describes the acetabular pathology more precisely.

P. Bobak, B.M. Wroblewski et al  
J Bone Joint Surg 82B, 2000

To define the inherent difficulties in the reconstruction of congenital hip dislocation, we have used the simple and effective classification of Hartofilakidis et al.

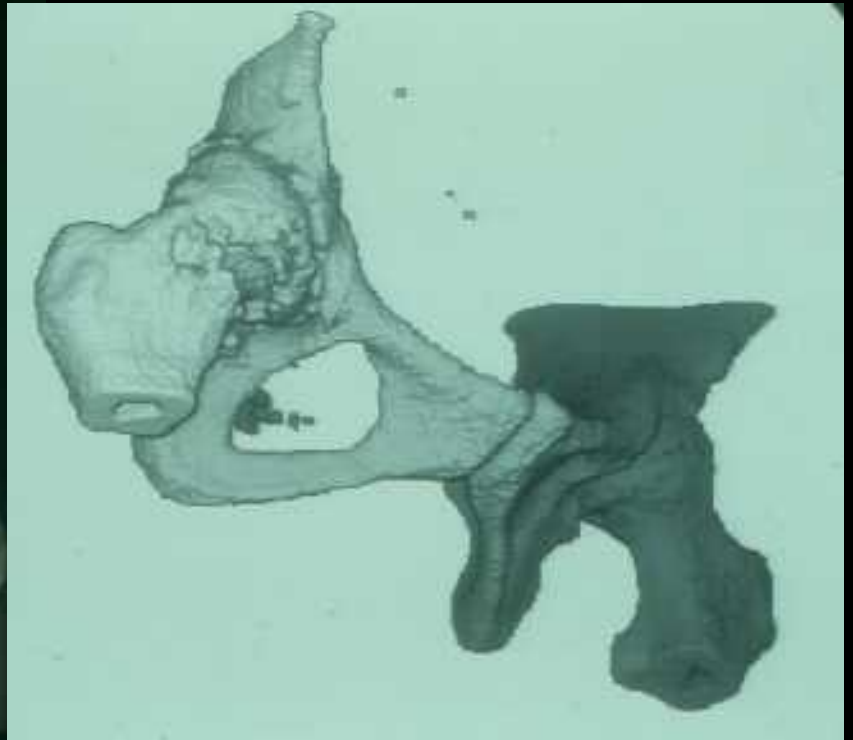
W. Harris in the "Adult Hip", 1998

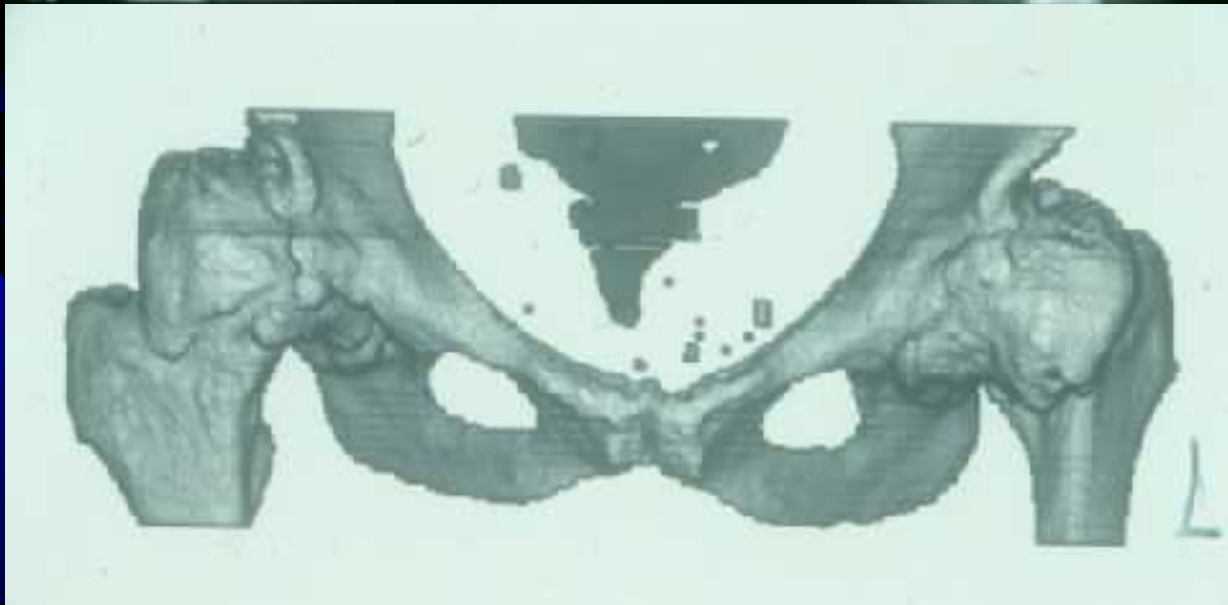
# Total Hip Replacement for the Dislocated Hip

G. Jaroszynski et al.

JBJS Am Feb 2001

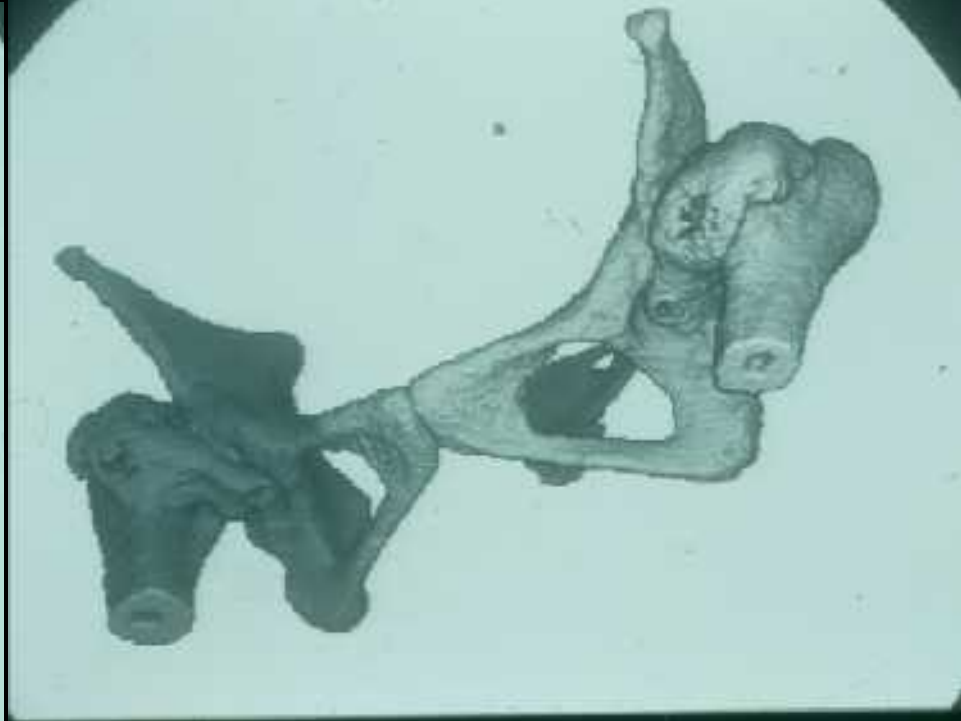
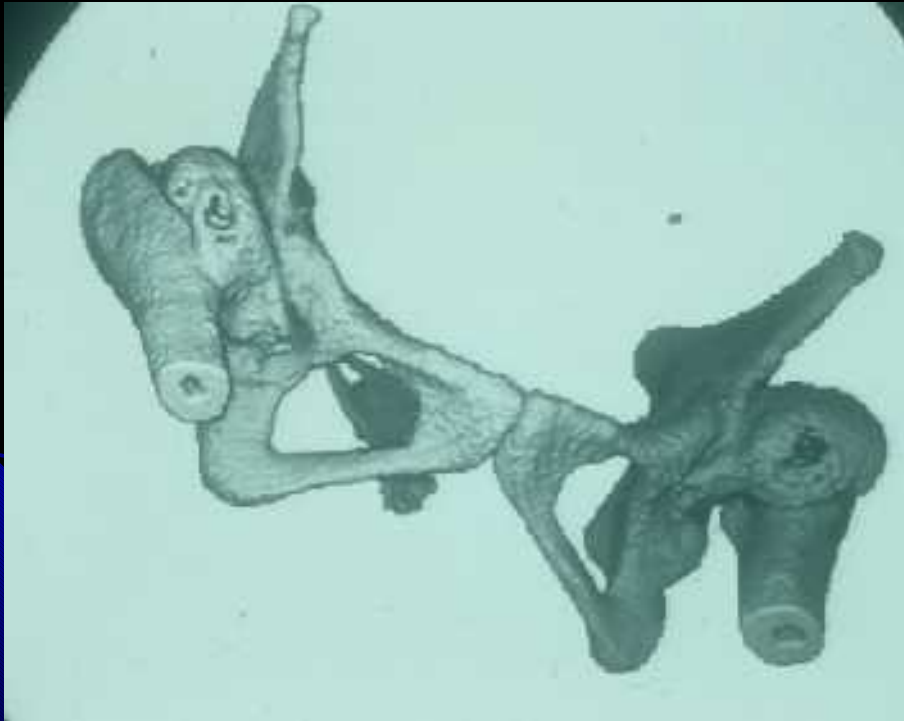
The classification that we find most practical is that of Hartofilakidis et al: dysplasia, low dislocation and high dislocation





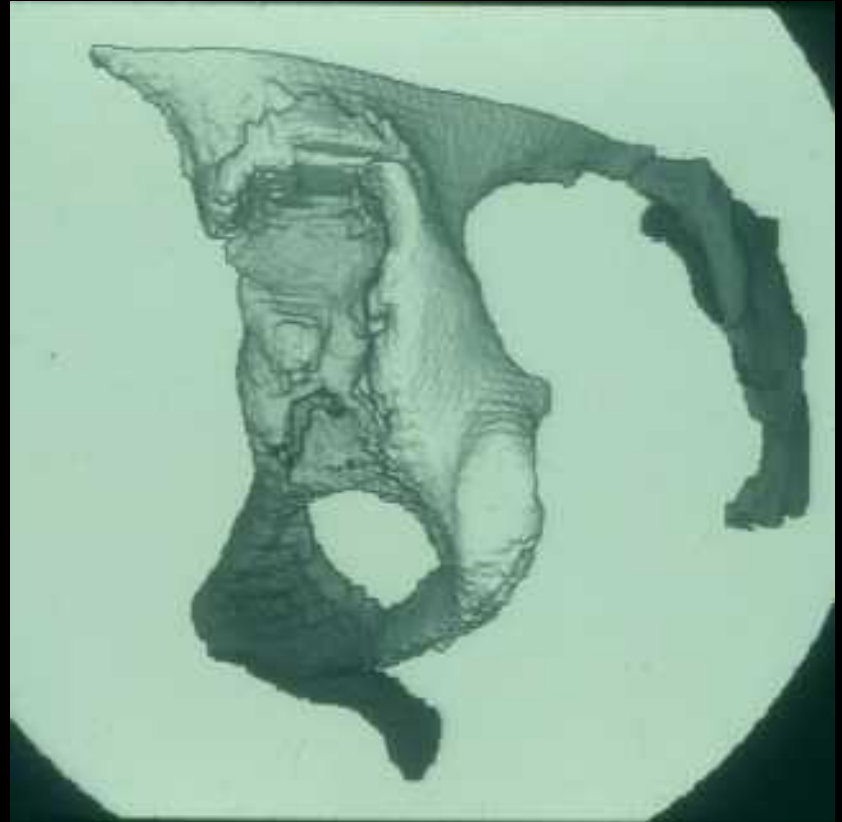
Ev. B, 28  
1994



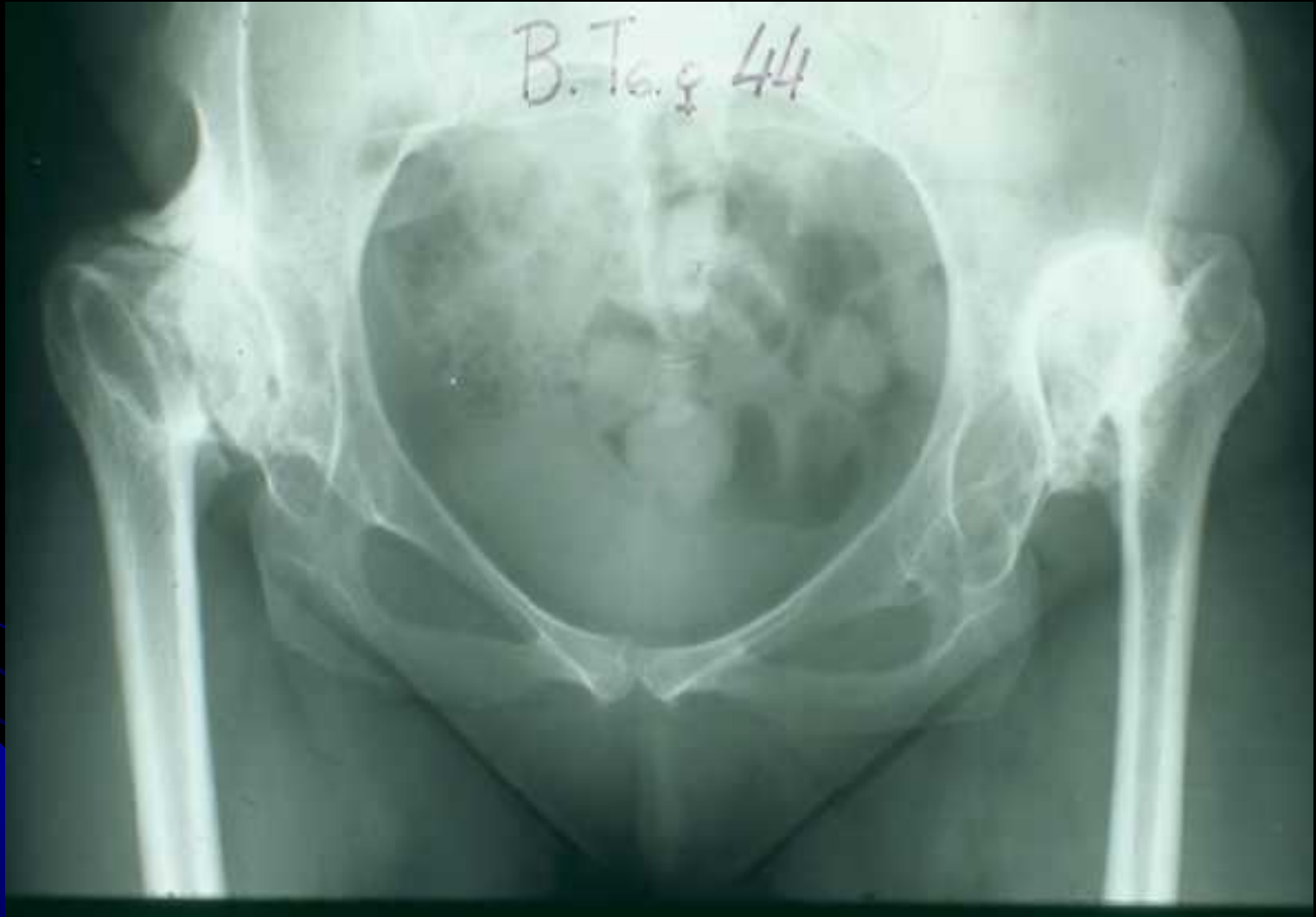


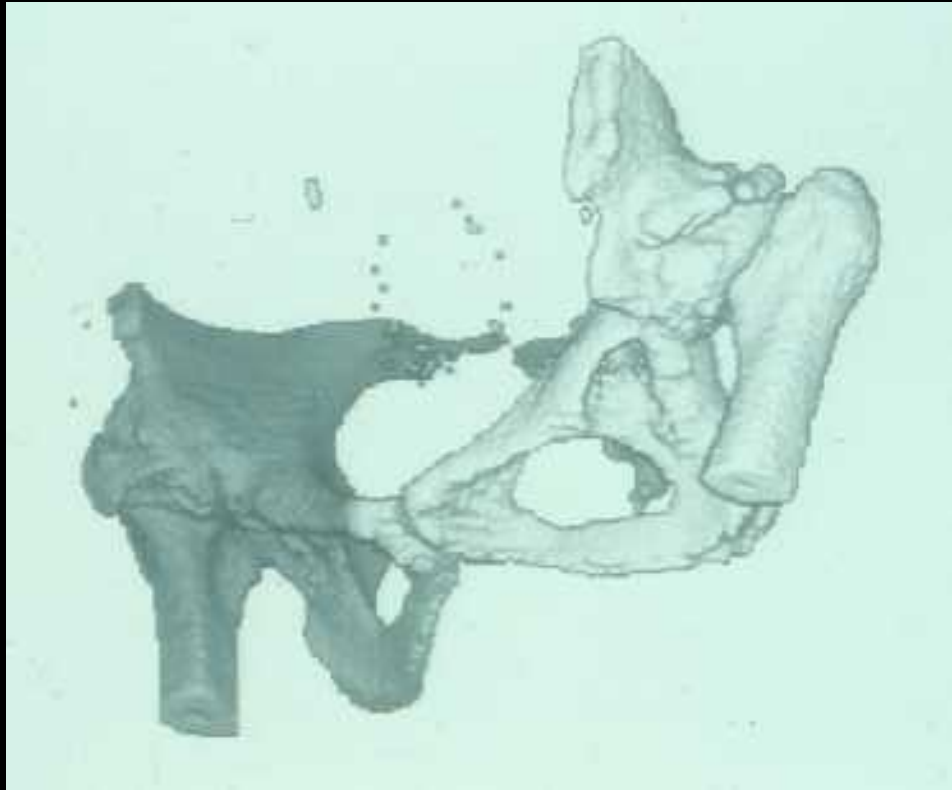
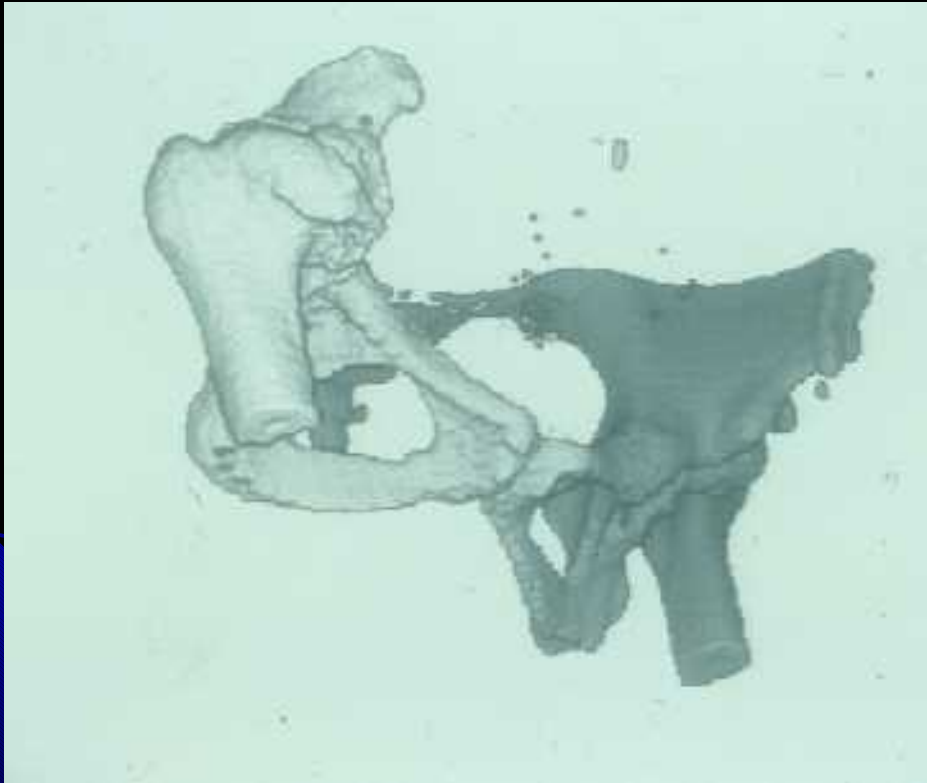






B. Tag 44

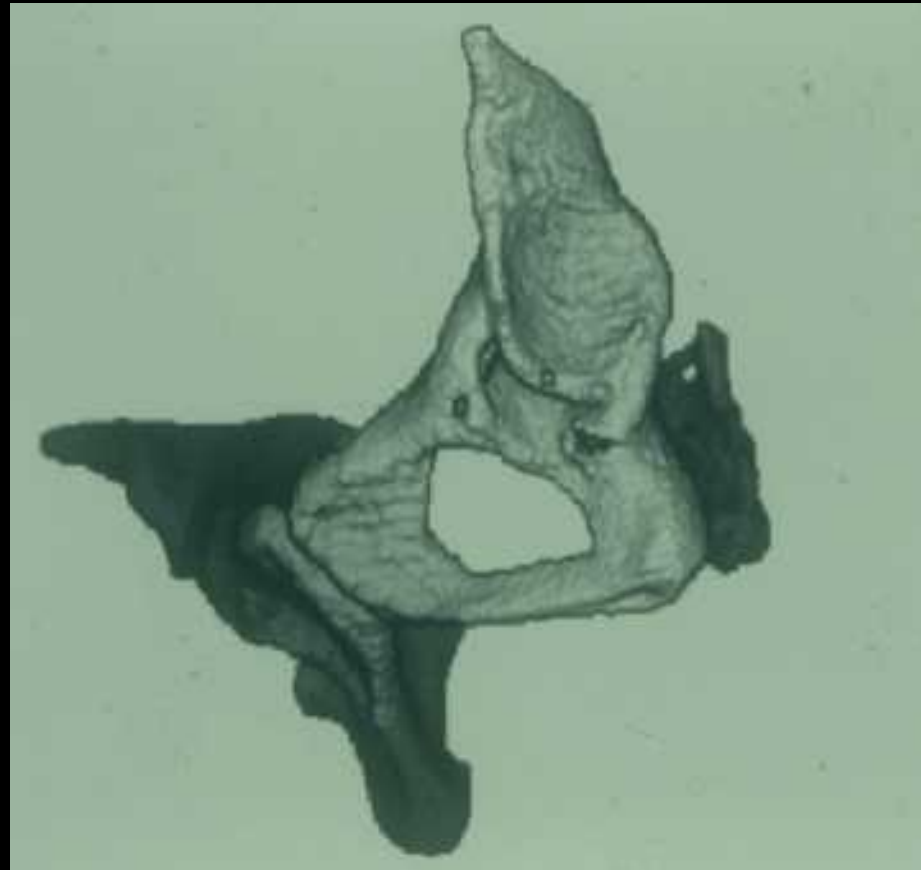
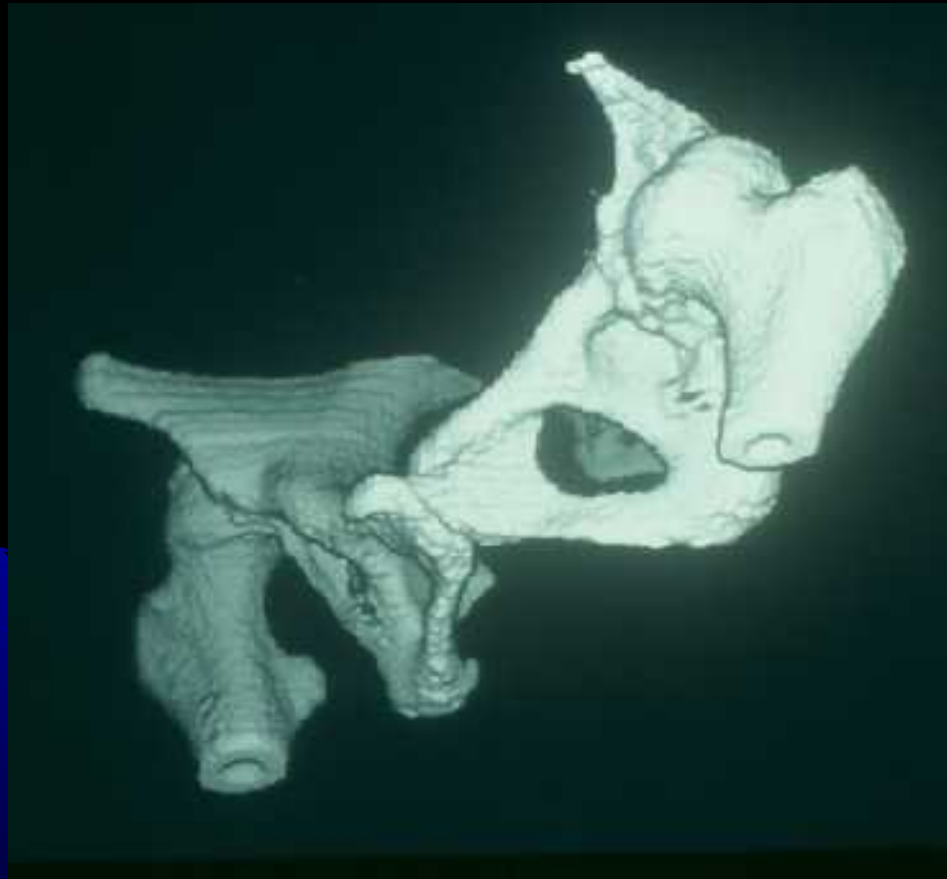


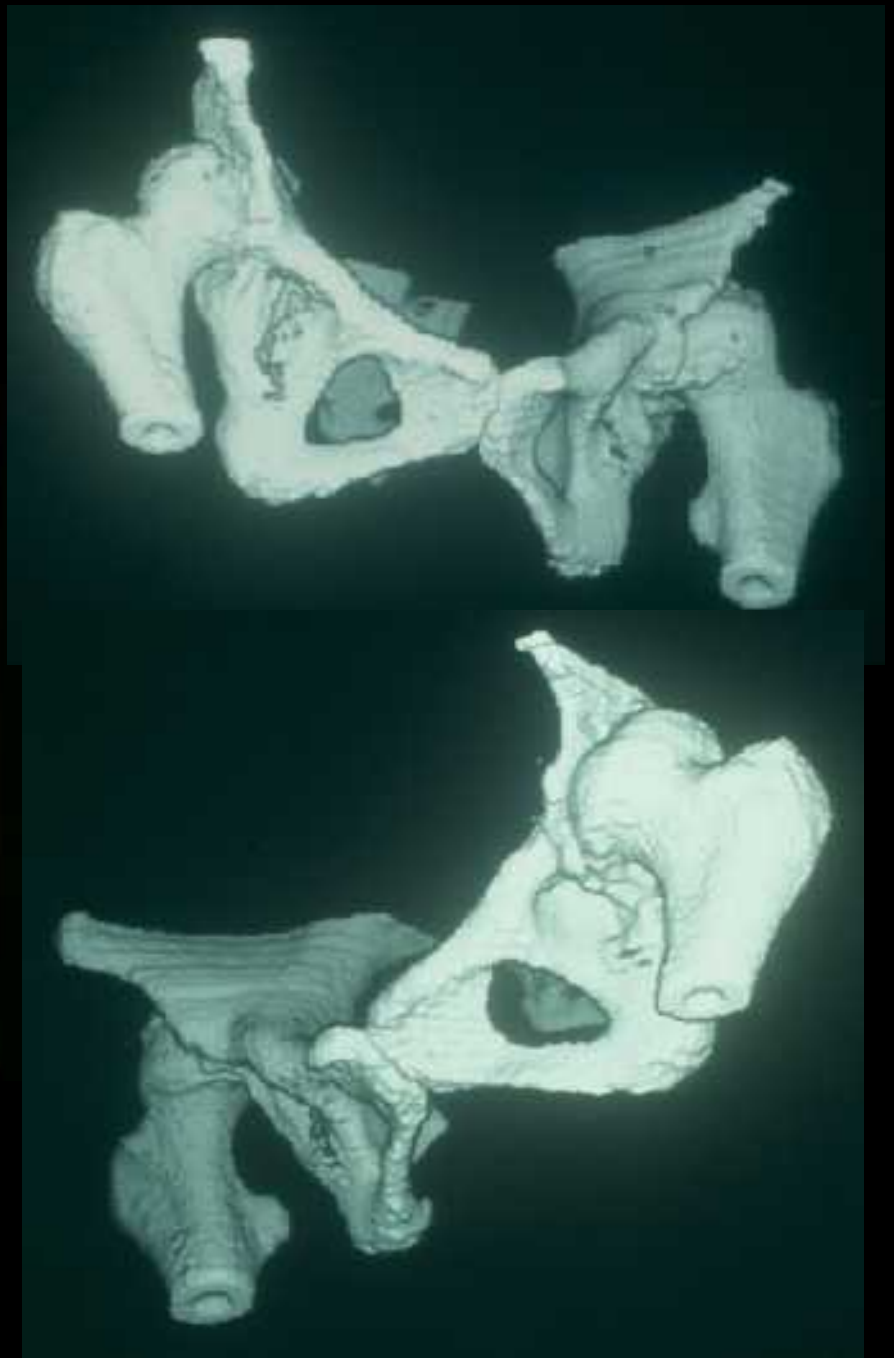


M.I  
37 yss



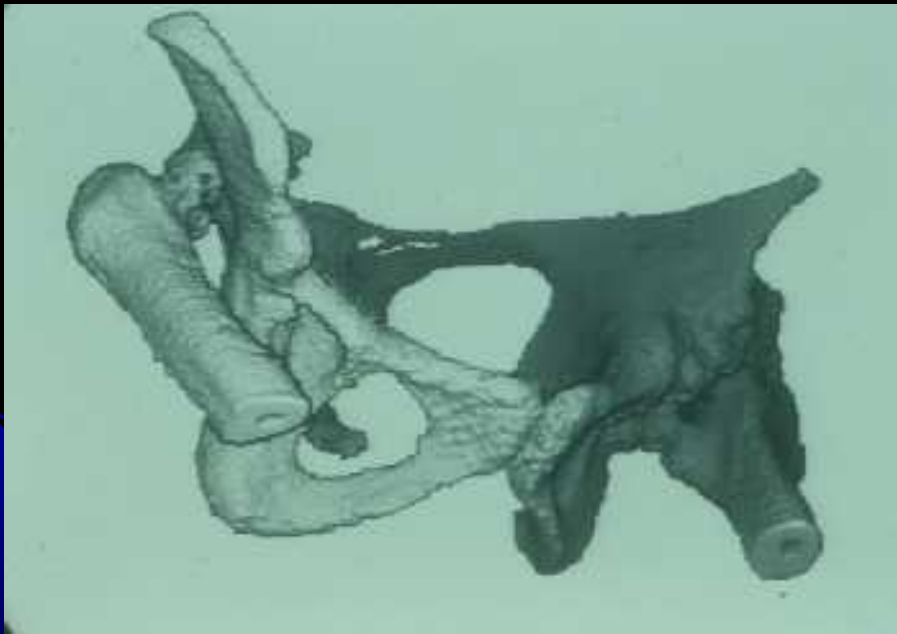
11











Orthopedic Department  
University of Athens  
School of Medicine  
Athens, Greece

