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ΣΗΜΑΣΙΑ ΤΟΥ
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ΑΝΕΠΑΦΑΜΑΚΡΑ ΟΣΤΑ

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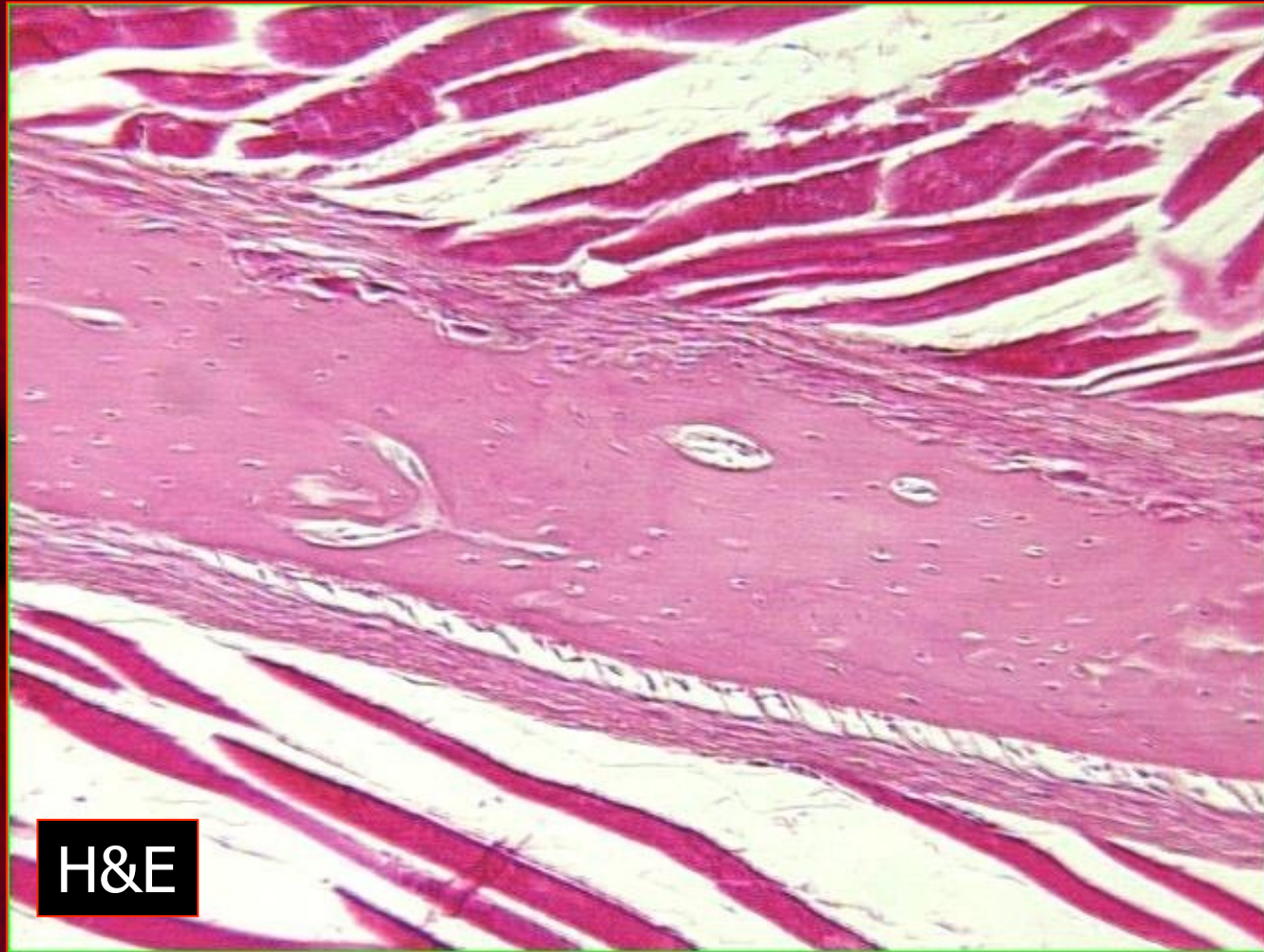
Πανεπιστήμιο Αθηνών

*THE BIOMECHANICAL CAPACITY OF THE
PERIOSTEUM IN INTACT LONG BONES*

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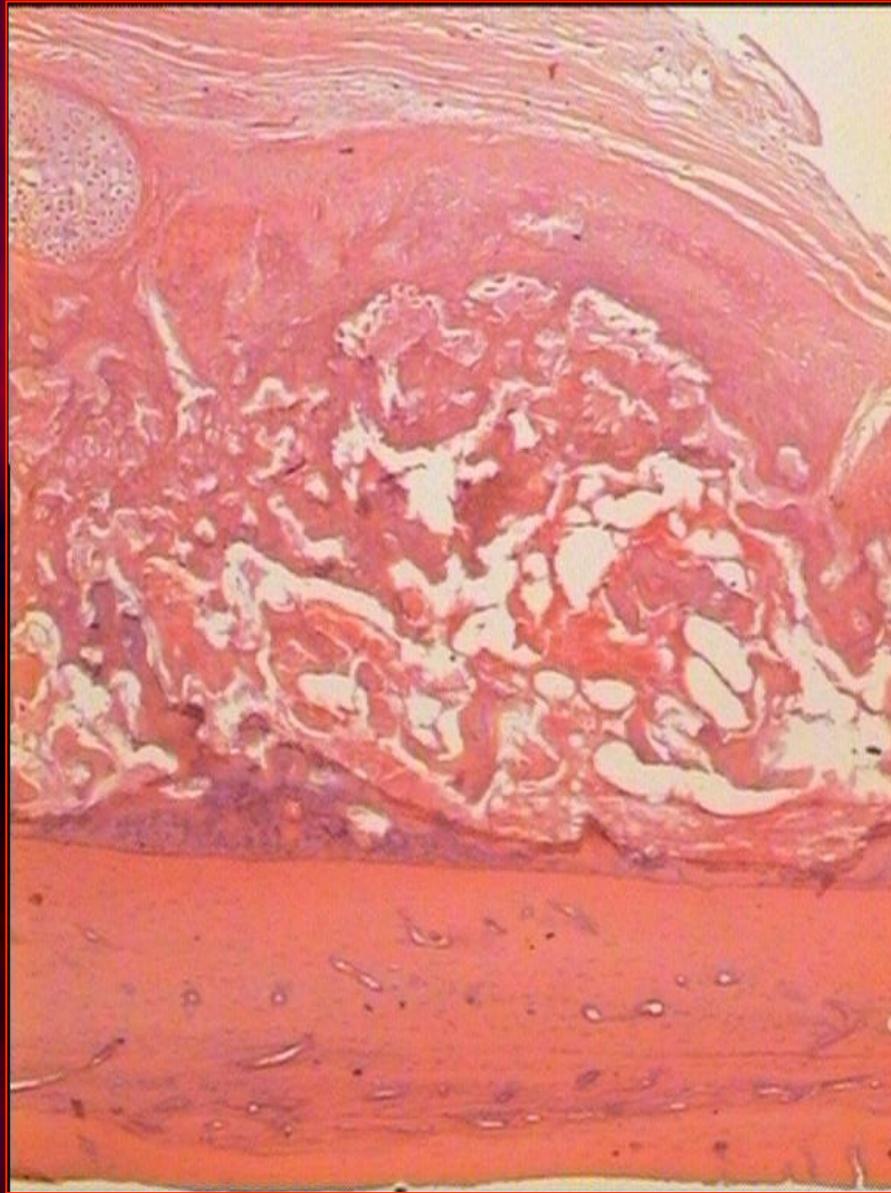
H&E

- ❑ Periosteum is the connective tissue covering of bony tissues
- ❑ Occasionally skeletal muscle fibres can be seen attached to it

H&E



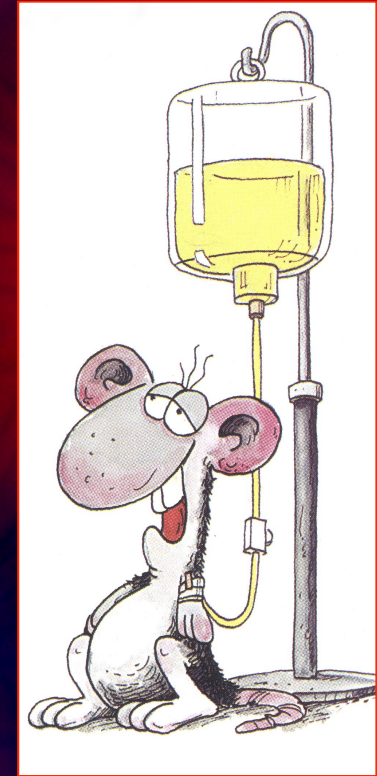
- Primary bone formation during rapid modeling of growing bone
- 21 day-old rat tibial periosteum
- Osteogenic cell types are indicated in the periosteum



The role of periosteum in long bone healing

Purpose of the Study

An experimental study was carried out to evaluate the effect of the intact periosteum on the biomechanical properties of intact long bones



Materials - Methods



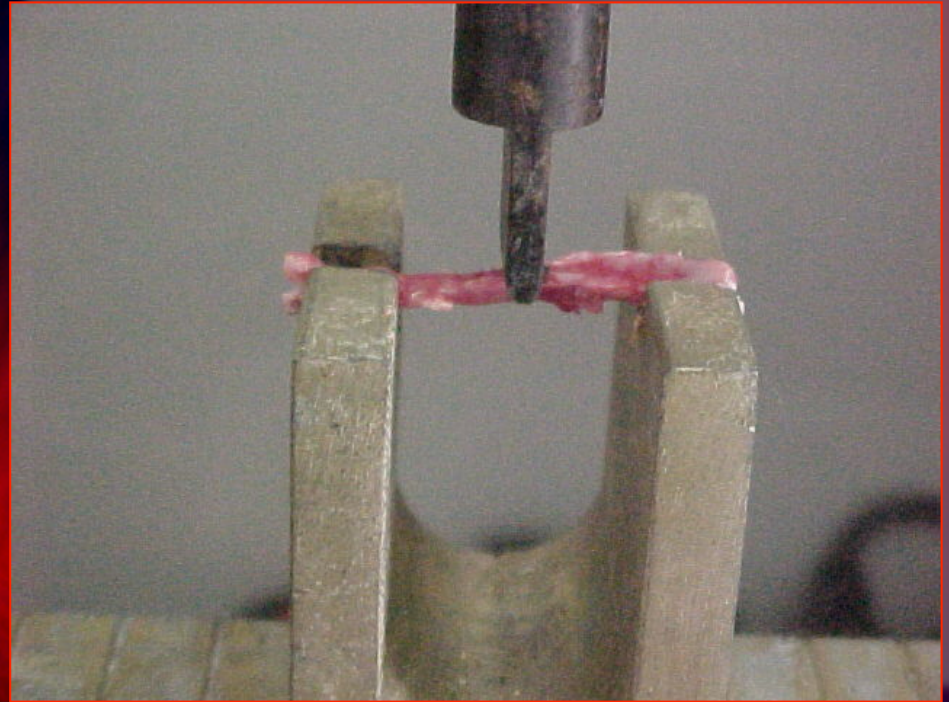
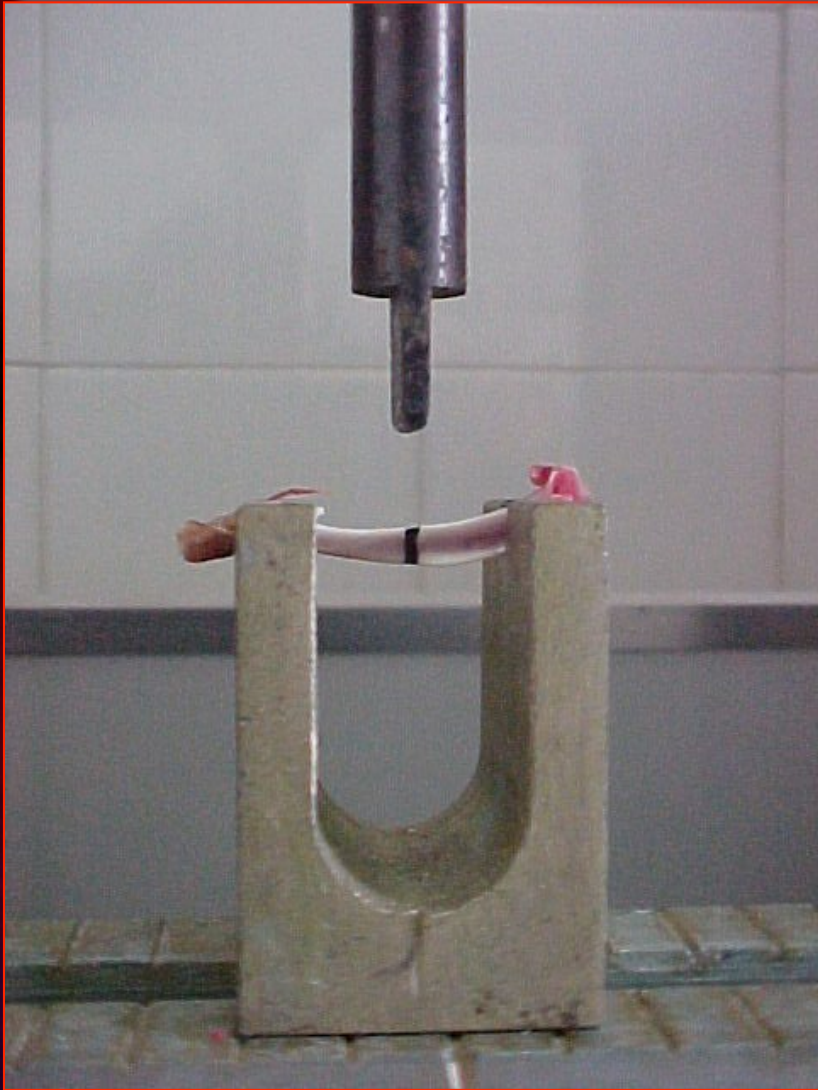
- ✓ 30 male, 4-month-old Wistar rats
- ✓ Bilateral harvesting of tibiae and femora
- ✓ **GROUP A + B** (preserved periosteum)
- ✓ **GROUP C + D** (stripped periosteum)
- ✓ 30 bones were included in each group

Biomechanical Testing

- ✓ destructive **three-point-bending test**
- ✓ span 20 mm
- ✓ **load** applied at the middle of the lateral surface of the femur and at the middle of the posterior surface of the tibia.
- ✓ **Preloading** of 10 N was applied
- ✓ **Loading rate** was 15 cm/min

Biomechanical Testing

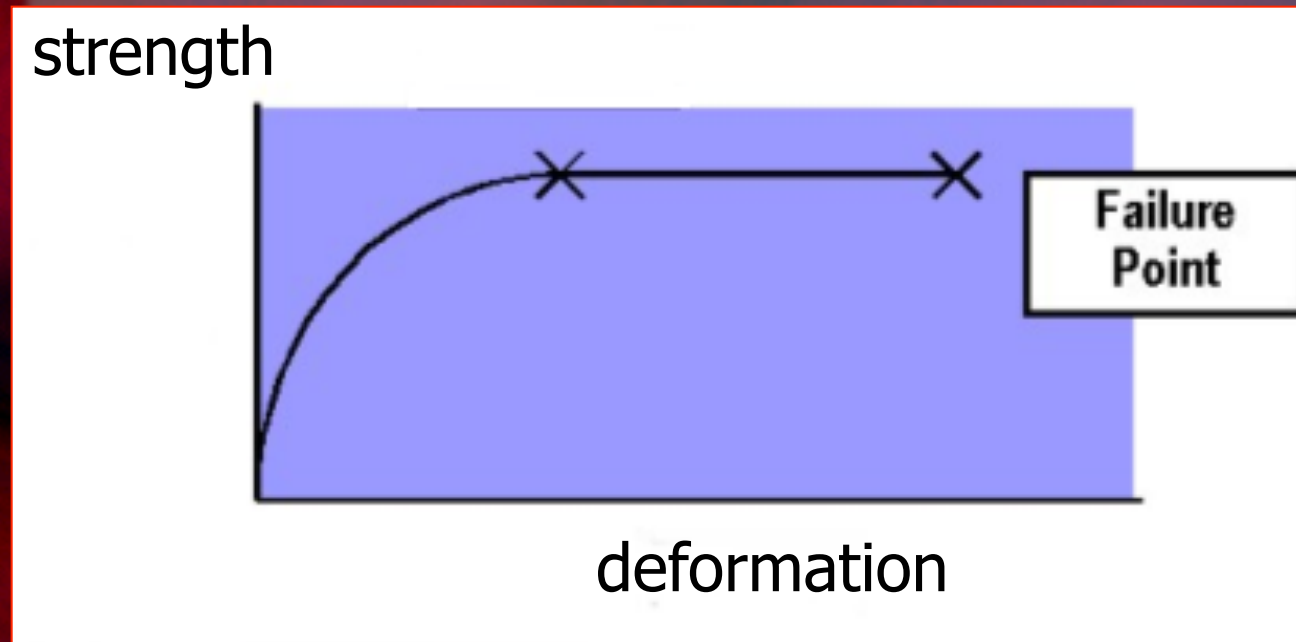






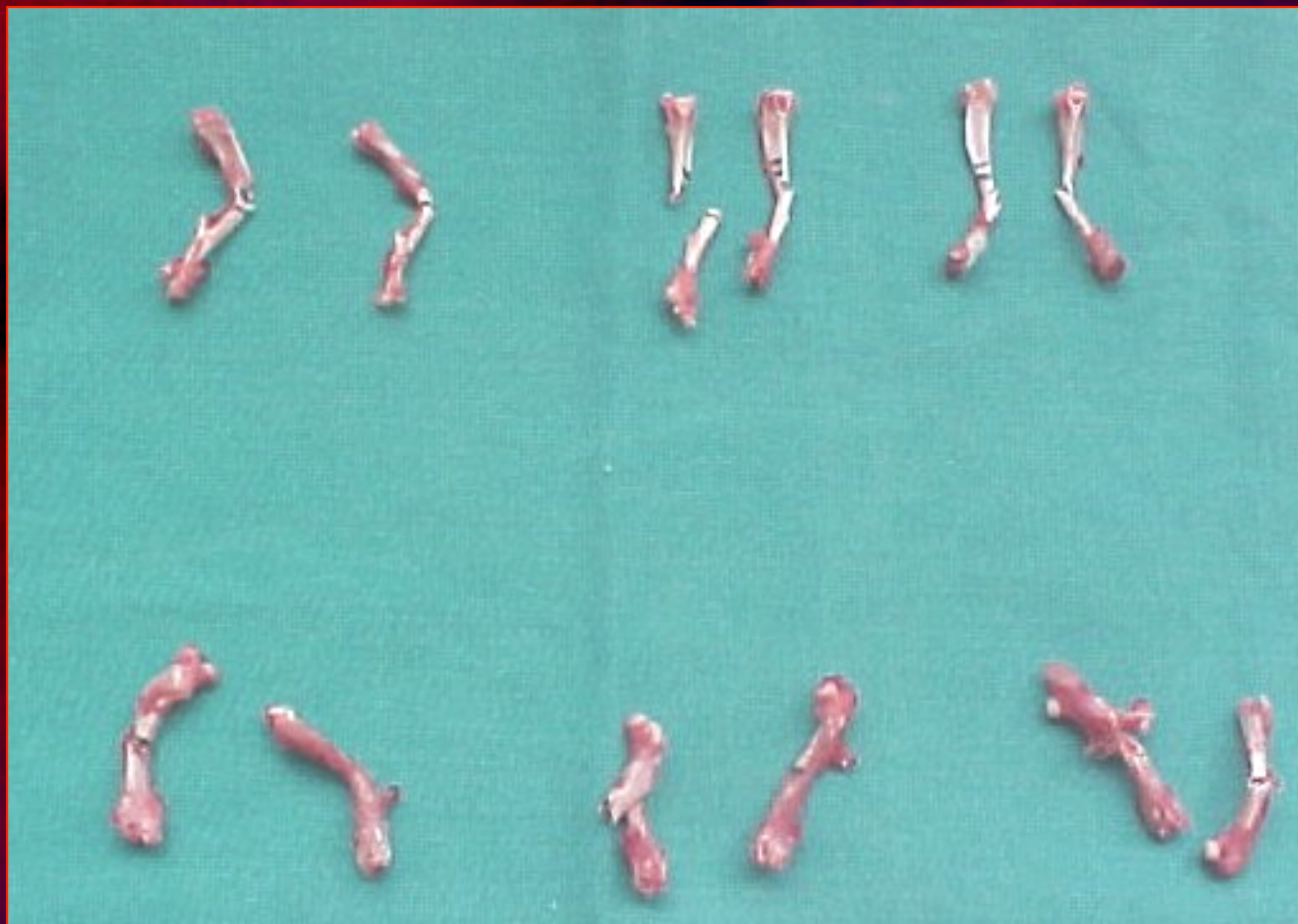


Measured Parameters: Load-Deformation Curve

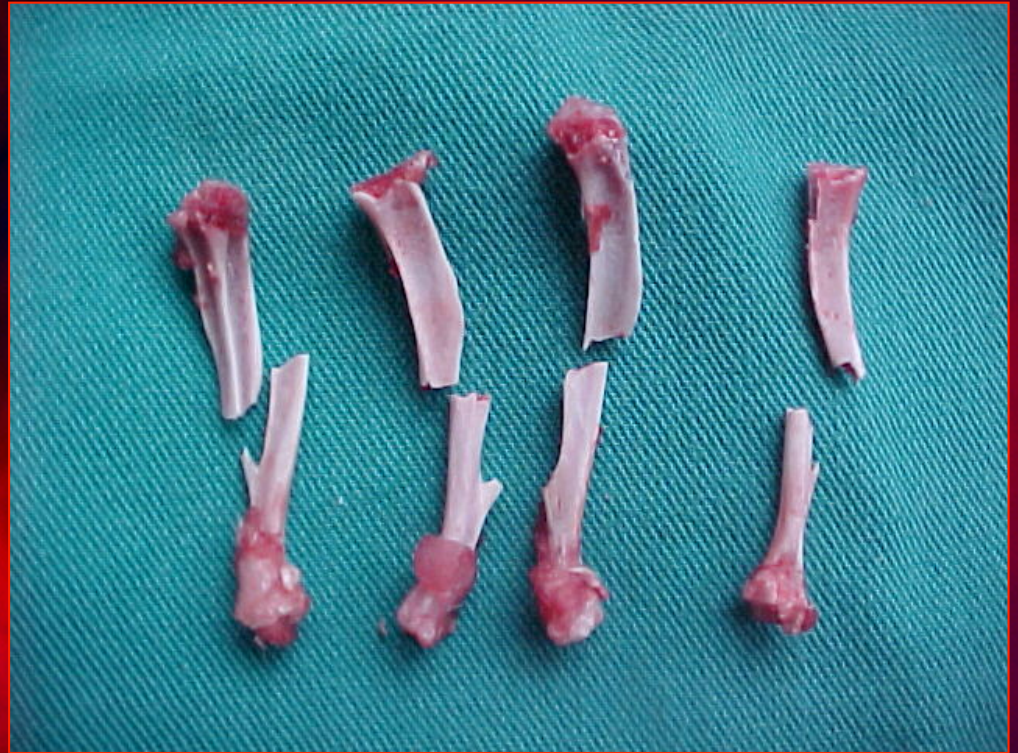


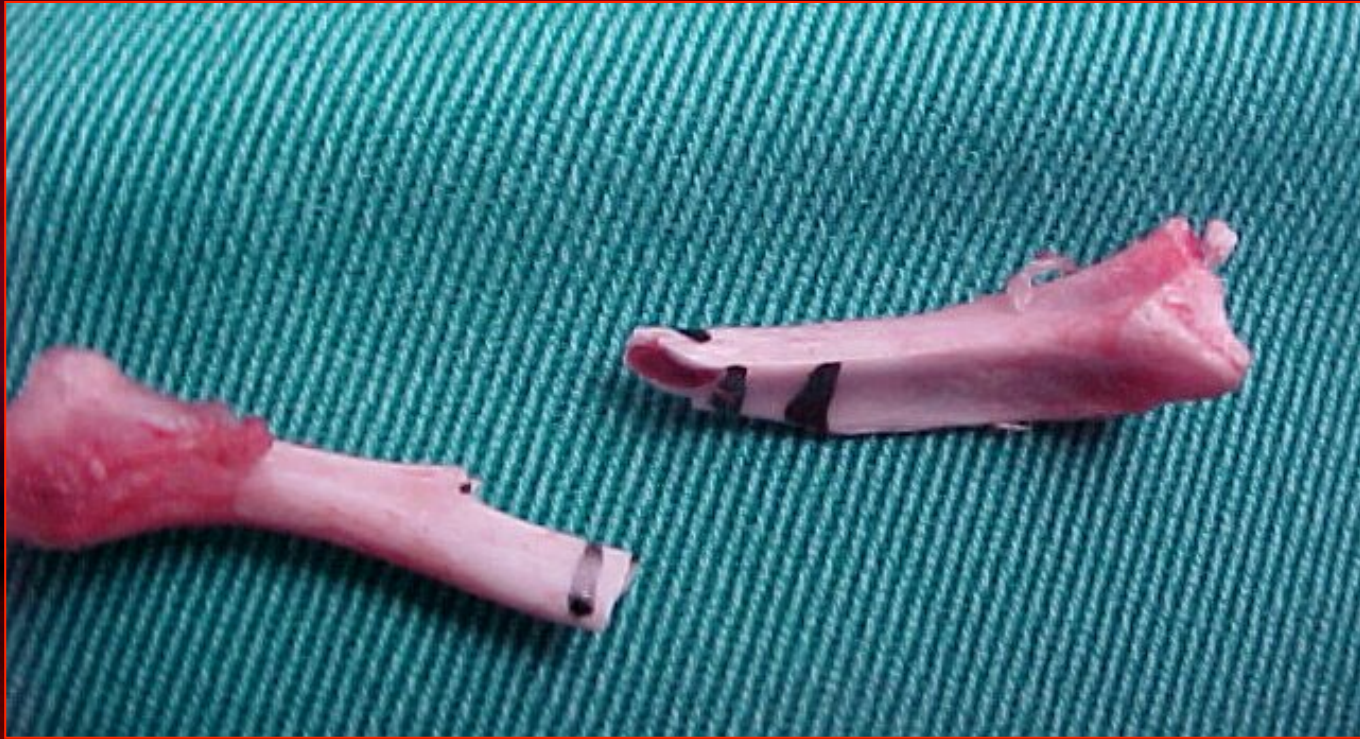
- Ultimate strength
- Ultimate stiffness
- Absorbed energy
- Deflection

Results

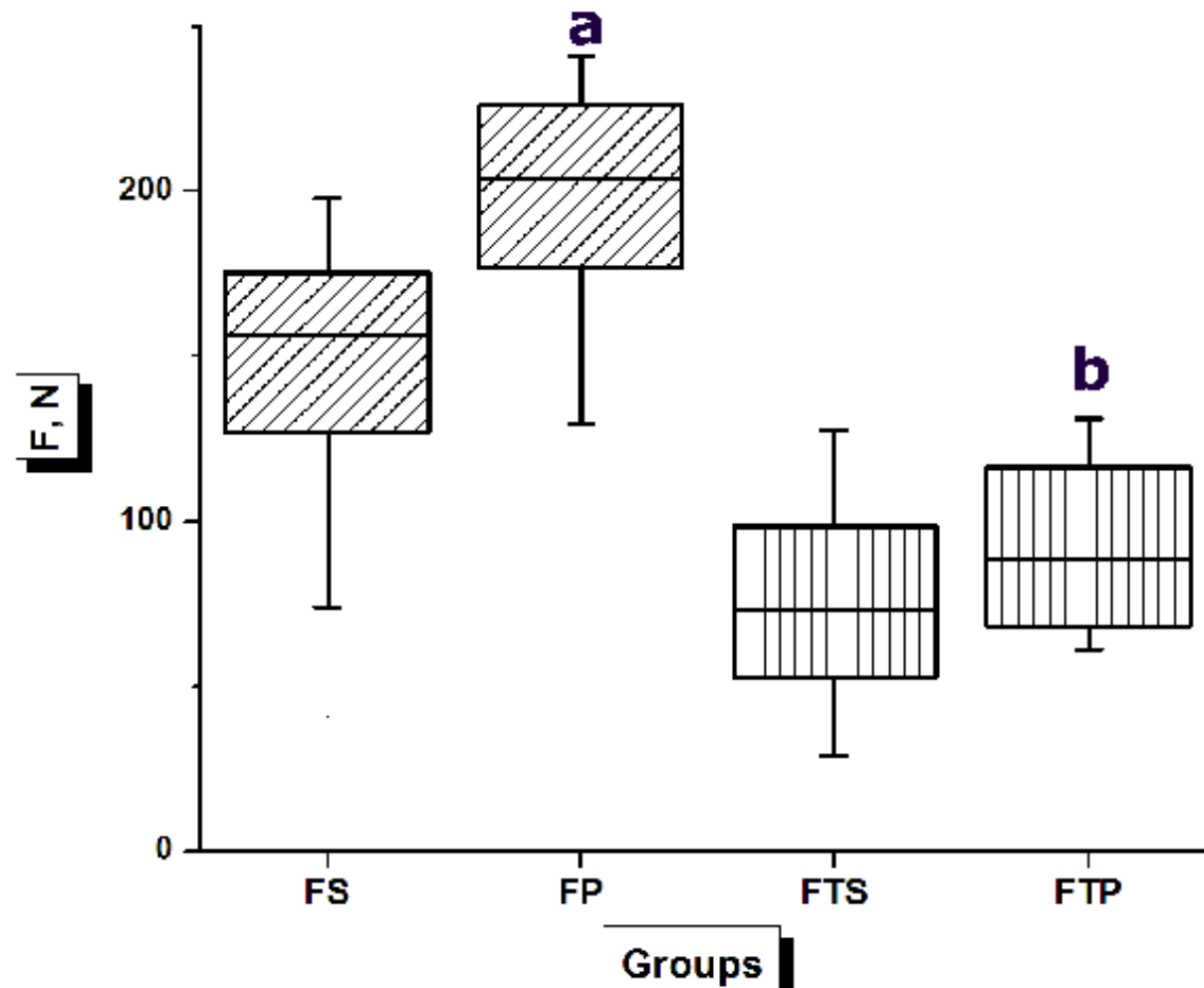




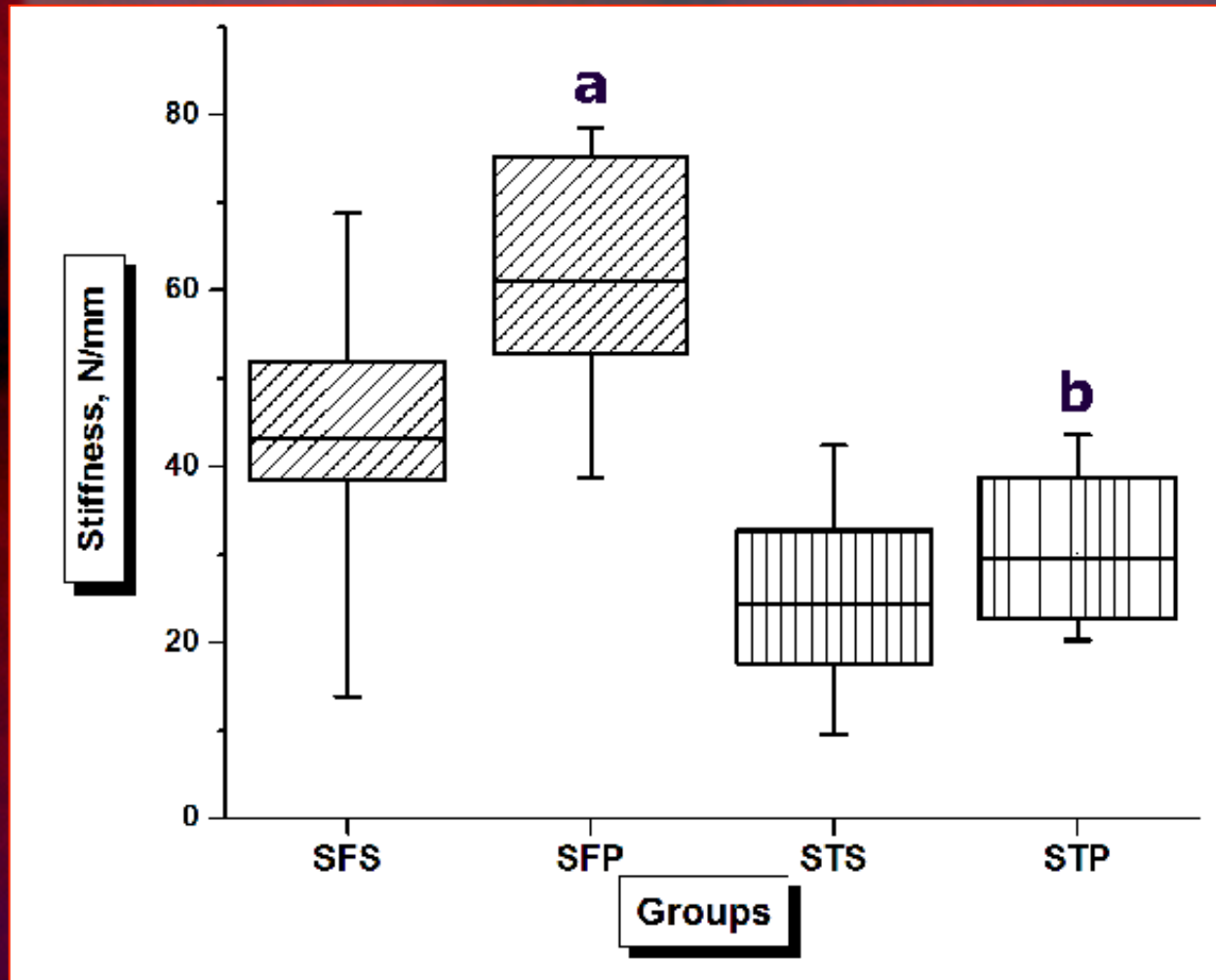




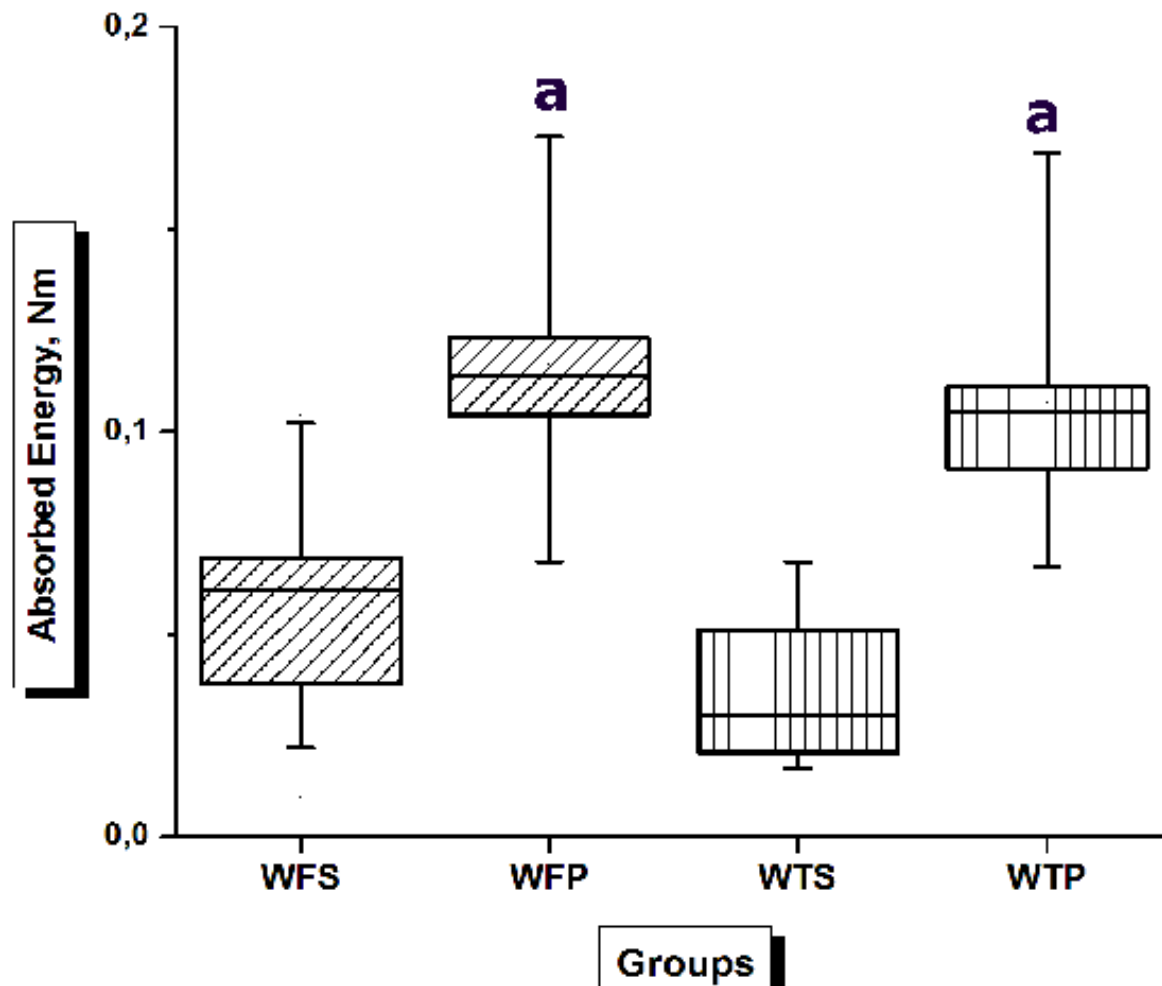
Load to Failure, N



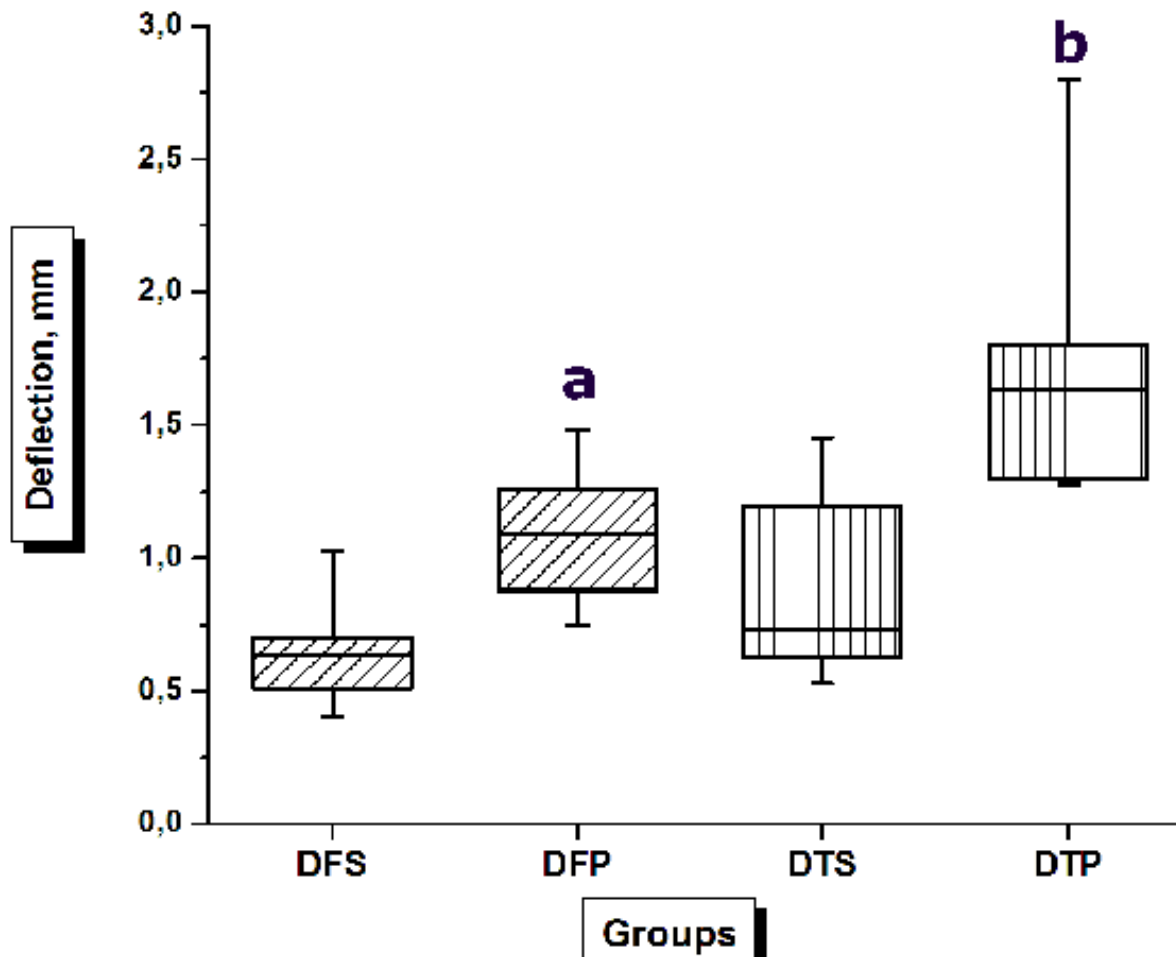
Stiffness, N/mm



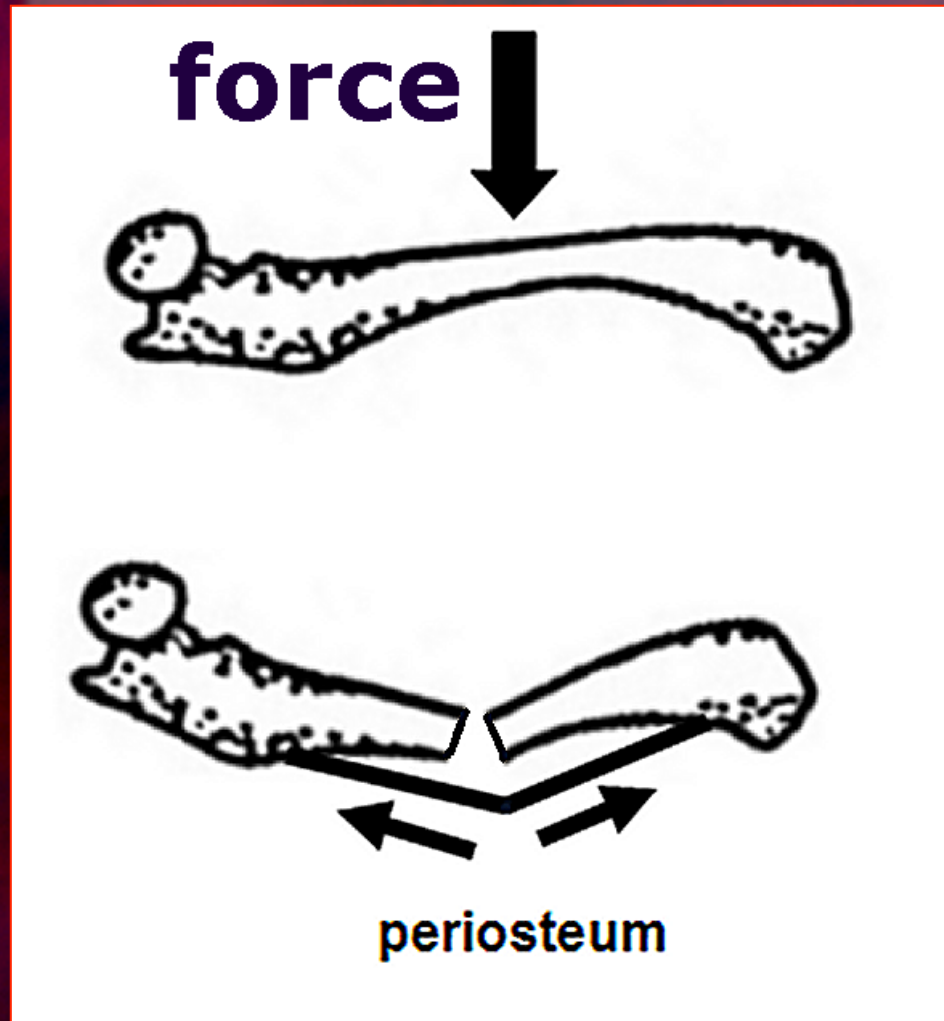
Absorbed Energy, Nm



Deflection, mm



Discussion



Future Directions

- Immature vs Mature animals
- Males vs Females
- Various loading configurations
- Fatigue?
- Viscoelasticity?
- Other bones
- Other species

Conclusion

The periosteum may, under certain biological and loading conditions, increase the biomechanical capacity of the bones



Thank You